

MOUNTAIN AIR



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www.mountainairnc.com
Phone (828) 682-5600 | Fax (828) 682-0311
P.O. Box 220 | 337 Clubhouse Drive
Burnsville. North Carolina 28714

## **BUSINESS CENTER**

The Business Center has everything you need to be productive so you can relax and have fun on the Mountain.

- · Guest Registration
- Color Printing
- Photocopying
- Facsimilės
- Notary Services
- PC Workstation
- Postage
- Shipping Services

Charges are conveniently billed to your Member account.

Business Center Hours: Monday through Saturday, 9 AM-5 PM

## **GUEST REGISTRATION**

Please register your guests at least 72 hours in advance.

A welcome letter from the Club and personalized guest cards will be available for pick-up at the Gatehouse upon arrival. To facilitate the inclusion of your guests in the 'welcome guests bulletin' displayed in our dining venues, a completed Guest Registration Form must be submitted prior to your guests' arrival. Thank you!

A complete Guest Access Policy is available on the member website at mountainairnc.com > Login > Club Members Login > (enter member number and password) My Club > Club Documents.

## **SOCIAL MEDIA**



**Mountain Air Members** 



mountainairnc



**Mountain Air Country Club** 



**Mountain Air Country Club** 

# Member Website & Aff

Visit mountainairnc.com to link to the Club and Property Owners Association websites. Log in to the club member site to view important information including hours, contacts, and event details for everything happening throughout the year. From the homepage you may also link to the calendar and member directory, view your statement, and make reservations.

Download our app for mobile access to the event calendar, member roster, your statement, and also make reservations 24 hours a day, seven days a week. Visit the Apple Store or get it on Google Play! Search for Mountain Air Country Club. For more information or assistance logging into the club member website or app,

## **CLUB CONTACTS**

General Manager/CEO · Jay Manner · jmanner@mtnaircc.com

Head Golf Professional • Chris Parham • cparham@mtnaircc.com

Golf Course Superintendent · Shannon Peterson · speterson@mtnaircc.com

Executive Chef • Taylor Montgomery • tmontgomery@mtnaircc.com

Natural Resources Director • Kat Dunham • kdunham@mtnaircc.com

**Recreation Director** • Gina Elrod • gelrod@mtnaircc.com

Service Director • John McManus • servicedirector@mtnaircc.com

Club Controller • Susan Lovell • slovell@mtnaircc.com

Member Account Specialist • Sharyn Dunn • sdunn@mtnaircc.com

Membership & Communications Director • Marley Knowles • mknowles@mtnaircc.com

Business Center Manager • Bryan Vess • bvess@mtnaircc.com

**Executive Assistant to the GM/CEO** • Carrie Gosselin • cgosselin@mtnaircc.com

Business Center • (828) 682-5600

**Pro Shop** • (828) 682-4600

Lost Chimneys Learning and Performance Center • (828) 536-9905

Chautauqua Activity and Fitness Center • (828) 682-4609

Outdoor Discovery Center • (828) 682-5600 ext. 54

**Orville & Wilbur's Bar and Grill •** (828) 682-5600 ext. 29

Mountain Market • (828) 682-7685

Hostess Stand • (828) 682-5600 ext. 13

Membership • (828) 682-1732

## PROPERTY OWNERS' ASSOCIATION CONTACTS

**POA Administration** • (828) 682-1578 Fax • (828) 682-7697 • mapoa.admin@mtairpoa.com

Gatehouse Controlled Access • (828) 682-9202

Skyrunner • (828) 398-1553 • helpdesk@skyrunner.net

# Dining & Entertainment

We look forward to seeing you at our dining venues where we use seasonal ingredients that are grown and sourced locally. Heart-healthy, gluten-free, and vegetarian options are available. For a complete list of dining hours, including holidays, please log in to the member website. Your table with a view is ready!

#### ORVILLE & WILBUR'S BAR AND GRILL

Casual, open-air dining with outdoor seating and long range mountain views featuring a selection of delicious sandwiches, tasty entrees, house-made soups, and an endless garden-fresh salad bar. Orville & Wilbur's serves breakfast, lunch, and dinner seasonally.

#### OAK ROOM

Upscale dining with a view in our award-winning Clubhouse offering a selection of meat, seafood, and vegetable dishes artfully prepared by our Chefs.

#### SUNSET GRILLE ROOM

Casual fireside dining featuring the Oak Room Menu and incredible views of the Slickrock Village Green. Denim and shorts are permitted.

#### **UPPER BALSAM LOUNGE**

Casual Clubhouse dining and bar seating with stunning views of Roan Mountain. Denim and shorts are permitted.

#### **CELO ROOM**

The perfect location for private dining, intimate dinner parties, business meetings, and small celebrations.

#### LOWER BALSAM LOUNGE

A versatile space on the lower level of the Clubhouse and a gathering place for cards, games, and bridge instruction. Complimentary hot tea and coffee are always available.

## Private Events & Catering

Gatherings of family and friends are a proud tradition at Mountain Air.

From weddings and lifetime celebrations, to intimate formal dinners and casual social gatherings, this is the perfect place to host an event that will leave your guests with a lasting impression. Our special events team works with you to design custom menus and create an unforgettable event from start to finish. We incorporate your ideas and favorite dishes to make your celebration a true reflection of your individuality!

Whether you need a quick pick-up tray for an at-home party or catering for a gourmet affair, we take care of the details to make your event truly memorable.



## MOUNTAIN MARKET

The Mountain Market is where food and friends meet! We offer breakfast all day and an array of delicatessen sandwiches made with choice Boar's Head meats and cheeses. Grab a cup of fresh brewed coffee, cappuccino, or rich espresso. Enjoy a selection of craft beer and fine wine, groceries, necessities, and one-of-a-kind local gifts. The Market's outdoor veranda is the perfect place to enjoy your meal, connect to wi-fi, or catch up on a good book!



## 14" hand tossed pizza of your choice:

- Hot & Ready Hot out of the oven, ready to eat.
- Take & Bake We make it, you bake it.

Pizzas are available Wednesday through Saturday.

# Vining & Entertainment

Don't miss these special dining events. Our culinary team will delight you with a sampling from our menus. Your table is set for excellence!

## TASTE OF ORVILLE & WILBUR'S

Monday, May 20 | 6 PM

Try our new healthy living garden salads, cured meats and pickles, peppered flambé prime beef, whole roasted salmon, and more. Don't miss our cast iron confection desserts!

## TASTE OF THE OAK ROOM

Friday, May 24 | 6 PM

Take pleasure in the casual elegance of the Oak Room while enjoying delicious signature dishes and locally grown produce prepared by our talented culinary team.



## Mountain Mixers

Wednesdays, June 5, 19 July 17, and August 14, 28 4:30-5:30 PM

Mix and mingle with friends for complimentary light hors d'oeuvres and drinks by signature.



## **SUNDAY BRUNCH AT 0&W'S**

**Sundays in July** 10 AM-2 PM

Sunday fundays in July! Enjoy a brunch buffet featuring a build-your-own omelet station, gourmet eggs benedict variations, belgian waffles, and a whole roast carving station along with Orville & Wilbur's full soup and salad bar. Our signature Bloody Marys and mimosas are offered!

## **SUNDAY SUPPERS**



Select Sundays, June-September 5:30 PM. Clubhouse

Come by for home cooked Sunday suppers steeped in Appalachian culture and simple, thoughtful living. We'll feature southern favorites like fried chicken, meat loaf, smoked pork, and lemon-butter flounder plus sides including garden tomatoes, green beans, collards, mac & cheese, mashed potatoes, biscuits, and apple butter. Enjoy delicious desserts and pies like Grandma used to make!

## **CHEF'S WINE DINNERS**

Wednesdays, June 26, August 21, September 18 6 PM, Clubhouse

Be prepared for whimsical food and wine pairings that will examine the Chef's creativity. Delight in the ultimate fine dining experience that will definitely entertain the palate.

### PRIME RIB NIGHT

Saturday, June 29 Friday, October 25 Saturday, November 30 6 PM. Clubhouse

We're serving up delicious prime rib seasoned with our house made wet rub and roasted to perfection. Prime rib is carved to order and served with au ius and horseradish cream. A variety of savory side dishes and delicious desserts are also on the menu!

## SEAFOOD EXTRAVAGANZA BUFFET

Wednesday, July 24 6 PM, Clubhouse

Indulge in a wide selection of scrumptious seafood with a laid back, chilled-out vibe! Delight in chilled shellfish, hot entrees from the land and sea, vegetable specialties, and house made dessert selections.

## **LOBSTER NIGHT**



Friday, October 18 6 PM. Clubhouse

Delight in whole succulent live Maine lobsters perfectly prepared and served with your choice of accompaniments, all enjoyed in an elegant setting with spectacular views.



## **ENTERTAINMENT DINNERS 6 PM**

#### **MUSIC WITH A VIEW**

Saturday, June 8, Saturday, August 3 Clubhouse

Don't miss an elegant evening of beautiful music and chef-inspired cuisine in the Oak Room.

### **KRAZY KARAOKE**

Saturday, June 15, Saturday, July 13 Friday, August 10 Orville & Wilbur's

Witness MACC's finest singers in action while enjoying stunning views and dinner at Órville & Wilbur's Bar and Grill

## **DUELING PIANOS**

Saturday, August 17 Orville & Wilbur's

Sing along and enjoy dinner and a show! Hear the classic hits, pop tunes, and oldies but goodies played by two sharp-witted, talented pianists. The audience is the star of the show tonight!

## **MARTINIS & JAZZ**

Saturday, August 24 Clubhouse

Enjoy the sweet sounds of jazz played by outstanding musicians. Signature martinis, a fabulous meal, and live music make for a big time!

## **BURGERS, BREWS, AND BOOTS**

Saturday, September 21 Orville & Wilbur's

Indulge in burger specials, craft beers, and live country music.

# Dining & Entertainment

## **FAMILY ON THE GREEN**

5-7 PM

Fridays, May 24, June 28, July 12, 26, August 30, October 11 (4 PM)

Kick off the weekend around the Slickrock Village Green. Listen to live music, play games, and enjoy cotton candy, popcorn, and lemonade. Get sticky making s'mores around the outdoor fire pit.

SPECIAL FAMILY ON THE GREENS:

Pet Parade and Yappy Hour - June 28 | 5 PM

Gather at the Bell Tower for the ever-popular Pet Parade! Dress your pet in costume and show us your best tricks.

Fall Family Fun Fest - October 11 | 4 PM

Don't miss the 2nd Annual Chili Cookoff and the beloved Woolly Worm Races!







## **ETHNIC CUISINE WEDNESDAY NIGHTS**

6-9 PM, Oak Room

## BAYOU BASH - June 12

Head on down to the bayou for some authentic Cajun and Creole cuisine! Savor French Quarter favorites like jambalaya, shrimp & grits, Louisiana gumbo, and beignets. Take it on down to New Orleans while sipping on a hurricane cocktail and let the good times roll!

#### TEX-MEX NIGHT - July 3

Taste all the cornerstones of the Tejano people's culinary creations! Experience Tex-Mex, the fusion of Mexican and American cuisines while savoring carved marinated pork shoulder, chorizo pizza, whole roasted snapper, chicken coloradito, and more.

#### ITALIAN NIGHT - July 6, November 29

Get ready for the sights, sounds, and aromas of Italy! Enjoy scrumptious pasta and sauce creations inspired by the Italian countryside and taste cherished recipes including fresh fish and chicken. For dessert, savor delicious tiramisu, cannoli, and more!

#### **CARIBBEAN NIGHT** - July 10

Island flavor awaits you! Sample an array of exotic salads, fruit salsas, and ocean fare. Indulge in a variety of fresh fish preparations, spicy jerk chicken, conch fritters and more. Sample signature tropical drinks and feel the rhythm of the beat!

## **SOUTH AFRICAN NIGHT** - August 7

Discover authentic South African cuisine and wines trending from the region and selected carefully by our culinary team and South African staff members. You'll find dishes such as traditional al fresco braai, barbecued meat, Cape Malay curry, bobotie, chakalaka, and pap that are sure to excite the palate. Follow it up with milktart, a popular custard-filled pastry!

## **BARCELONA TAPAS NIGHT** - September 11

Enjoy the essence of Spain one plate at a time! Enjoy a selection of tapas, small savory Spanish dishes, and regional wines on this festive, post-siesta evening. Fresh seafood, steak, pork, and vegetables are prepared in true Barcelona style and are sure to impress the foodies!

#### **INDIAN NIGHT** - October 2

Discover the authentic taste of Indian cuisine with delicious curries, basmati rice, naan, cucumber mint raita, and so much more.

#### KOREAN BARBECUE NIGHT - October 16

Savor the exotic tastes of East Asia including authentic bulgogi marinated meats, bibimbap crispy rice with assorted vegetables and flavorful condiments, banchan authentic side dishes, and an Appalachian kimchi bar. Travel with us on an incredible culinary journey and share in the delights of the mainstays of the Korean table!

# Community Organic Garden

The Community Organic Garden has been thriving for more than a decade. Using sustainable and organic practices, the garden produces a bounty of fresh produce each year. Our Head Gardener and resident experts plant heirloom and native vegetable and flower seeds to cultivate a healthy environment for birds and beneficial insects.

There are many ways to get started growing at Mountain Air. If you are interested in volunteering at our garden beautification work days or renting a garden plot for the season, just let us know!

# Weekly Garden Market Fridays, June 21 - September 6 10 AM-2 PM Chautaugua Front Porch

Shop local and buy organic. The Weekly Garden Market features hand-picked seasonal vegetables, herbs, and flowers harvested from the Community Organic Garden and local area farms. Charges for fresh produce are conveniently billed to your member account. Stop by and visit with our Head Gardener who shares a passion for growing and cooking fresh food.

## **GARDEN EVENTS**

All events are held at the Community Organic Garden located just outside the gated entrance of the Mountain Air community unless otherwise noted.

## COMMUNITY GARDEN GATHERING - SPRING PLANTING Thursday, May 16 • 9:30-11 AM

Help prepare the garden for spring planting and enjoy a presentation from our Head Gardener on good agricultural practices for crop rotation and soil enrichment.

## GARDEN MIXOLOGY Saturday, July 13 • 3:30 PM

Learn how freshly harvested herbs, fruits, and vegetables can enhance featured skinny cocktail recipes.

## COMMUNITY GARDEN GATHERING - SUMMER'S BOUNTY Thursday, August 1 • 9:30 AM

Harvest fresh vegetables and assist with garden maintenance. Listen to our Head Gardener present on pest identification and learn safe methods for insect control.

## BELLA IN THE GARDEN

## Thursday, August 15 • 12 PM, Chautauqua Front Porch

Linda Cucci presents the fourth rendition of the popular 'Bella in the Garden' cooking demonstration and tasting, using freshly harvested ingredients from the Community Organic Garden. Enjoy the sights, aromas, and tastes of Italian cooking during this intimate culinary event on the Chautauqua Porch!







# Kids in the Garden (ages 5-12)

June 20 through August 1 (excluding July 4 and 11)

Gather at the Community Organic Garden to plant seeds, pull weeds, and sample garden-fresh food. Our Head Gardener teaches kids to understand the process of cultivating an organic vegetable garden. Watch it bloom and grow week-to-week! Kids in the Garden events are included in Camp Chautauqua – van transportation is provided.

## SIGNATURE HOLIDAY EVENTS

## **VALENTINE'S DINNER SOCIAL**

Friday, February 15 • 5:30 PM

## **EASTER GRAND BUFFET**

Sunday, April 21 • 11:30 AM-2 PM

## **MOTHER'S DAY BRUNCH**

Sunday, May 12 • 11:30 AM-2 PM

## MEMORIAL DAY WEEKEND WELCOME HOME KICKOFF PARTY

Saturday, May 25 • 6 PM

## **FATHER'S DAY LUNCH**

Sunday, June 16 • 11 AM - 3 PM

## **JULY 4TH COUNTRY FAIR**

Thursday, July 4 • 4 PM | Buffet 6 PM

### FIREWORKS FUN FEST

Friday, July 5 • 4 PM | Buffet 6 PM

## **LABOR DAY PARTY**

Saturday, August 31 • 6 PM

## **FALL FAMILY ON THE GREEN**

Friday, October 11 • 4 PM

### OKTOBERFEST

Saturday, October 12 • 4 PM | Buffet 6 PM

## HALLOWEEN PARTY & LAST NIGHT AT O&W'S

Saturday, October 26 • 6 PM

## THANKSGIVING GRAND BUFFET

Thursday, November 28 • 11 AM-2:30 PM

## **GINGERBREAD HOUSE PARTY**

Friday, November 29 • 10 AM & 12 PM

## FAMILY HOLIDAY CELEBRATION AND VILLAGE GREEN TREE LIGHTING

Friday, November 29 • 4-6 PM

## **NEW YEAR'S EVE DINNER**

Tuesday, December 31 • 6 PM

# Easter

## **EASTER GRAND BUFFET**

Sunday, April 21 • 11:30 AM-2 PM Enjoy a decadent Sunday meal as we celebrate springtime! Gather with family and friends to share traditonal holiday dishes including lamb, glazed ham, seasonal vegetables, breakfast quiches, a seafood raw bar, charcuterie, and more.

## EASTER FUN & WILD HARE EGG HUNT (AGES 5-12)

Saturday, April 20 • 1:30-3:30 PM Hop on over to Chautauqua for outdoor Easter activities and a visit with the Easter Bunny! Decorate eggs with natural dyes, participate in a live grass Easter basket workshop, and hunt for hidden eggs!



## THANKSGIVING

Thanksgiving is undeniably the runner-up for largest holiday celebration at the Club – second only to July 4. Don't miss this fun-filled weekend, one of the most festive events of the season!

## **GRAND BUFFET**

Thursday, November 28, 11 AM-2:30 PM The Executive Chef and the culinary team are sharpening their knives and preparing for another remarkable Thanksgiving Grand Buffet in the Clubhouse Oak Room. Delight in fresh seafood on ice, charcuterie with imported and domestic cheeses, a garden-fresh salad bar, carving station, vegetables, starches, and a bounty of house made pie selections.

## TAKE OUT

Thursday, November 28

Want leftovers or need a little extra for the table? Thanksgiving takeout is available and may be picked up on Thanksgiving Day between 3-5 PM. All orders must be received in advance.

## GINGERBREAD HOUSE PARTY

Friday, November 29, 10 AM, 12 PM All ages are welcome to build the dream house you've always wanted. Be merry and get creative with your fellow decorators during this fun, family event! Building supplies including the pre-fab gingerbread house, icing, and endless candy and marshmallows are provided. Hot chocolate, apple cider, and bloody mary's for the grownups are available.

## PRO SHOP WINE & CHEESE SOCIAL

Friday, November 29, 3-5 PM
Enjoy wine and light appetizers while you shop for deeply discounted golf merchandise and accessories along with your fellow members. It's the biggest shopping day of the year so why not shop local and take care of everyone on your holiday shopping list. Sip, shop, and use up your Pro Shop credit!

## HOLIDAY TREE LIGHTING ON THE VILLAGE GREEN

Friday, November 29, 4 PM
Take pleasure in the Club's magical mountaintop setting! Witness a beautiful transformation take place as we bid farewell to fall and welcome the holiday season! Watch the landscape light up with sparkle and joy while listening to professional carolers. Visit the Falling Leaf Lodge for photos with Santa, a build-your-own hot chocolate bar, and fresh apple cider.

## ITALIAN NIGHT

Friday, November 29, 5:30-8 PM Bring the family together for scrumptious dishes inspired by the Italian countryside and cherished recipes passed down for generations! Make a toast with wines from the region, carefully selected to pair perfectly with a memorable dinner buffet.

## PRIME RIB NIGHT

Saturday, November 30, 5:30-8 PM Whether you're naughty or nice, we're serving up cheer and prime rib seasoned with our house made wet rub and roasted to perfection. Prime rib is served to order with au jus and horseradish cream. A variety of savory side dishes, holiday specialties, and delicious desserts are also on the menu!



# HOLIDAYS











## INDEPENDENCE DAYS

## JULY 4TH COUNTRY FAIR

Thursday, July 4, 4 PM

What could be more American than the country fair, a true symbol of grassroots USA?! Don't miss Mountain Air's first-ever old-fashioned country fair where we show pride in the homegrown and homemade, while connecting with neighbors and friends.

Listen to traditional mountain music and taste classic fair foods like smoked turkey legs, boiled peanuts, corn-on-the-cob, popcorn, and cotton candy. Play old-fashioned games such as the three-legged race, water balloon toss, sack race, and ring toss. Go back in time while viewing displays of handmade quilts, canned foods, antiques, and traditional Appalachian arts and crafts. Experience a bit of farm life while visiting animals at the petting zoo.

For supper, savor southern-style barbecue featuring whole suckling pig, east to west North Carolina barbeque sauces, kettle chips, pimento mac & cheese, ham hock braised greens, banana pudding, apple cobbler, vanilla bean ice cream, and so much more!

## FIRFWORKS FUN FFST

Friday, July 5, 4 PM

It's magical! Celebrate the United States of America in true Mountain Air style. Join the carnival around the Slickrock Village Green featuring a bounce house and inflatables, glitter tattoos, face painting, and fun games for prizes.

Sample local food trucks and delight in the grand buffet featuring all-American favorites such as burgers and dogs hot off the grill, classic picnic sides, and all of the fixin's!

Be amazed by our featured entertainer, the world-renowned magician, Bill Grimsley, performing up-close and in the crowd.

Before nightfall, enjoy high-energy live music on the runway followed by dazzling fireworks in our spectacular setting!



## **OUTDOOR DISCOVERY AT MOUNTAIN AIR**

Mountain Air is celebrated for its breathtaking, long-range views of the world's oldest mountains. In-house naturalists explain the big vistas, as well as the wonders that are right at our feet, so you can find your niche in the mountain landscape.

## **NATURALISTS**

Resident Naturalist, Kat Dunham, and her enthusiastic team of mountain experts are Mountain Air's private park rangers. You never know what you may see on one of their guided walks, and they are ready to talk about any flora or fauna that catches your eye. Whether your nature questions are about animals, plants, trail maps, or our Outdoor Discovery Center exhibit animals, the naturalists are as eager as you to find the answers.

# Possibilities as diverse as our wildlife and as vast as our views...







## YEAR-ROUND NATURE PROGRAMS

Here are a few of the ways Mountain Air's Nature Team helps you learn, play, and explore outdoors:

#### **Nature on the Calendar**

Weekly naturalist walks, workshops, astronomy programs, and off-site trips are included on Mountain Air's Calendar of Events. Unless otherwise noted, these naturalist-guided programs are open to members and guests of all ages.

#### **Adventure on Demand**

Naturalist-prepared and ready when you are, these ongoing outdoor activities are designed for you and your family to enjoy at times convenient to you. Information and supplies are available at the Outdoor Discovery Center (ODC).

- Tracker Packs: Backpacks full of nature gear and fun activities to get kids closer to nature. Available for 24-hour rental.
- Ridgetop Nature Trail: A self-guided interpretive walk along Mountain Air's highest trail. Pocket brochures that bring the 10 designated trail stations to life are available at the ODC.
- Geocaching: This real-world, outdoor treasure hunting game is played using a free GPS-based smartphone app. The Nature Team maintains 2 year-round geocache courses at Mountain Air, and hosts special geocache games over designated holidays.

## **Nature Your Way**

Personalized, guided nature walks, workshops, and trips for individuals and adults. Pick up a menu at the ODC and plan your unique event.



# Welcome to the neigh-bear-hood

Mountain Air is committed to keeping all of its wild neighbors wild. Residents, employees, and even contractors conscientiously follow "Bear Smart" guidelines for safety, and to ensure that local black bears stay healthy and shy. The many wildlife species that share Slickrock Mountain are naturally afraid of humans. By not approaching, feeding, or trying to touch them, we humans let them keep their comfortable distance and ensure that there is plenty of room for everybody.

## OutdoorDiscoveryCenter M - 0







## NATURALIST walks

Discovery walks led by Mountain Air's own enthusiastic naturalists. Some walks have specific seasonal topics, others depend on what catches the eyes and curiosity of the group. At Mountain Air, naturalist "walks" sometimes even happen on golf carts! Enjoy a few hours of healthy recreation with a bit of nature education, right here on Slickrock Mountain.

## REGIONAL RAMBLES

Rambles are guided excursions to beautiful destinations and nature-themed events in and around our mountain region. These fun, naturalist-led trips are open to all ages. They range from rigorous hikes on the famous Appalachian Trail, to whitewater rafting trips, to gentler GeoQuest outings and tours of local landmarks like Linville Caverns.

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## ECO-RAMBLES 📵



New for 2019, Eco-Rambles are your chance to meet nature lovers from all over western North Carolina. When our "Eco-partners" (see list, below) announce dates and details for their various creative programs, the ODC's team will let you know which ones your neighbors and naturalists will attend. Watch the weekly Peak Preview e-blast, Mountain Air's website, and the ODC's bulletin boards for updates.

## **ECO-PARTNERS**

Not surprisingly, the mountain region boasts a diverse community of nature-based recreation and conservation organizations. Like Mountain Air, many of them offer a variety of fun hikes, workshops, and trips. While these organizations have different missions, they all share one of our top priorities: to preserve and enhance these beautiful southern Appalachian Mountains, Your Nature Team hopes you'll enjoy getting to know these wonderful groups as much as they have!

- Astronomy Club of Asheville
- Bare Dark Sky Observatory
- Elisha Mitchell Audubon Society
- Friends of Roan Mountain
- Great Smoky Mountains National Park
- High Peaks Trails Association
- Mount Mitchell State Park
- NC Arboretum
- NC Wildlife Resources Commission
- Southern Appalachian Highlands Conservancy
- WNC Nature Center



## NATURE TECH 📵

Smartphones and other mobile devices are great tools to enhance your exploration of the natural world. Whether you're a reluctant novice or an enthusiastic fan, a visit to the ODC can get you rolling on nature-based technologies to make your mountain excursions even more fun. Digital field guides, geocaching, and night sky apps are just the beginning; new technologies are developed all the time, and the nature team is always happy to share their current favorites. When "screen time" and "green time" overlap, the naturalists can show you the best nature networking sites, scavenger hunt games, and augmented reality apps to take your time outdoors to a whole new level.



## KIDS & TEENS

## WALK ON THE WILD SIDE

## **NO PARENTS ALLOWED**

## **NATURE PLAY (AGES 5-8)**

Saturday, June 1 Saturday, July 20

## JR. NATURALIST (AGES 8-12)

Friday, July 5 Friday, July 12 Friday, July 19

## JR. NATURALIST XTREME ADVENTURE: OVERNIGHT AT ROAN MOUNTAIN

Friday and Saturday, July 26 -27

## **VENTURE OUT ADVENTURES (AGES 12-17)**

**Every Wednesday in July** 

## MORE FOR OUTDOORSY TEENS

Venture Out Adventures are open to teens ONLY. Independent-minded teenagers can attend other nature programs on their own, contingent upon written permission from their guardians and the discretion of the Natural Resources Director. Nature Your Way customized nature programs are another great option for young Club Members who want to explore the Mountain on their own terms. Talk with a Nature Team member in the ODC to learn more.

## 





## MOUNTAINTOP (III) **ASTRONOMY**

Pop-up star parties.

Mountain Air's dark skies are perfect for stargazing! The Nature Team has compiled the dates of the best celestial events in 2019, and when viewing conditions are right they'll announce a "pop-up" Star Party so everyone can come out and take a look. Meteor showers, a supermoon lunar eclipse, a transit of Mercury, Jupiter's moons, and the rings of Saturn are all on the menu of possibilities. Watch Mountain Air's weekly Peak Preview eblast, the website calendar, and the ODC's bulletin boards for Star Party announcements, and then join your neighbors and naturalists to appreciate the other best views on the Mountain!

## **OUTDOOR DISCOVERY CENTER**

The Outdoor Discovery Center (ODC) is a year-round, indoor nature walk, a private resource center, and your gateway to all kinds of fun in the mountains. The ODC Nature Team is always happy to answer your wildlife questions, register you for upcoming nature programs, explain our Adventure on Demand activities, or offer guidance to outdoor recreation activities throughout the region. They constantly update their list of carefully vetted adventure partners, so you don't have to guess which outfitter to use.

Whether you need a simple referral, or customized maps, directions, or information, the Nature Team is ready to help. Wherever the trail takes you, to a mountaintop, river, or zipping through the air, you're likely to find them as excited as you are about your next outdoor adventure!

## ODC EXPLORE

Fun launch days for each new special exhibit in the ODC. Designed as drop-in events with interactive activities and information. April - October.

## NATURAL FACTS

Interactive, indoor nature presentations by the Resident and Seasonal Naturalists. Specific topics are drawn from member suggestions. They are held the 3rd Friday of each month from November to March, before the Friday Night Dinner Socials, and at various times throughout the summer season.

## wild theater SATURDAYS **NOVEMBER - MARCH**

The most breathtaking matinees ever! Larger-than-life nature is extraordinary on Slickrock Cinema's big screen. A different, award-winning series is featured each month.

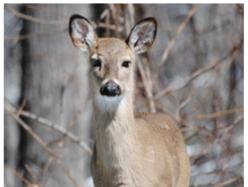
## SLICKROCK SAFARI **SCAVENGER HUNTS**

Based at the S'mores Fire during Family on the Green events.



## WILD NEIGHBORS

Mountain Air's wildlife sightings list includes groundhog, wild turkey, red squirrel, opossum, bobcat, black bear, and a wide variety of songbirds, raptors, and salamanders. Our wildflower list is just as impressive!





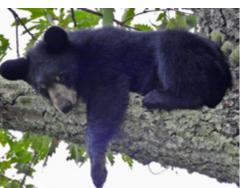
White-tailed Deer



Eastern Screech-owl



**Red-spotted Newt** 



**Bobcat** 



American Black Bear

Groundhog

## **COMMUNITY PARKS & TRAILS**

## **PARKS**

Mountain Air offers the sanctuary of six unique parks that provide outdoor seating, tables, and cooking facilities for large celebrations or intimate parties. The community parks were designed to reflect the character of the neighborhoods in which they are located. The parks are adorned with unique highlights such as campfire rings, swings for all ages, picnic areas, yoga platforms, natural playscapes, covered pavilions, a treehouse, a water wheel, a screened-in gazebo, and a boardwalk.

BOULDER PASS PARK • CREEKSIDE PARK • HAWKS LEDGE PARK HEMLOCK PARK • HERITAGE RIDGE PARK • SPRING ROCK PARK

## **HIKING TRAILS**

The three trail systems at Mountain Air showcase the beautiful contrasts of mountain ecology. Throughout the year, the 1,400 foot elevation change between the Ridgetop and Creekside trail systems allows for seasonal sneak peaks and delayed replays of blooming wildflowers, fall colors, and all sorts of weather wonders.

In addition to an abundance of wildflowers and wildlife, Mountain Air's Ridgetop, Mossy Branch, and Creekside trail systems feature a conservation easement, campsites, built-in benches, scenic overlooks, fire rings, picnic areas, and 16 trailheads for easy access from all over the Mountain. From dramatic views of nearby Mount Mitchell, to an ever-changing display of wildflowers, ferns, and mushrooms, seven miles of well-blazed trails are sure to delight every hiker and nature lover.

## LEAVE NO TRACE

Leave No Trace is a national program that builds awareness, appreciation, and respect for America's natural areas and public lands by teaching minimum impact skills. Mountain Air's Department of Natural Resources supports our National Parks and Forests in the effort to make Leave No Trace the common language for all outdoor enthusiasts. These valuable wilderness ethics help us to preserve the natural beauty of Slickrock Mountain for current and future generations of Mountain Air members. Leave No Trace is a simple set of principles that can be applied in any natural setting. They encourage us to take only pictures and leave only footprints. Stop by the ODC for more information about Leave No Trace.





# Chautauqua

## Fun for the whole family!

## SWIMMING POOL

A popular hangout for families, the heated outdoor pool (84 degrees) is fun and refreshing! Catch some shade under the umbrellas while watching the planes take off! Delight in poolside food and beverage service from Orville and Wilbur's while enjoying spectacular long-range mountain views.

## SLICKROCK CINEMA

Our 20-seat movie theater offers a private cinema experience complete with high-quality projection and surround sound. Admission includes fresh popcorn. We now offer online streaming options including Amazon Prime, Netflix, and Bleacher Report for sports fans! Watch classic movies on the silver screen. The Cinema is equipped with a Blu-ray DVD player and a wide selection of DVDs to view in the Cinema or rent and return. A complimentary family movie is shown every Saturday afternoon at 2 PM or whenever it rains!

## CHAUTAUQUA ROOM

A haven for kids and tweens, the Chautauqua Room features a giant indoor tree and swing, myriads of books, board games, and a mind-blowing craft closet loaded with art supplies. Creative types of all ages can visit and check out weekly featured craft project ideas that are sure to inspire. We embrace Art for All at Chautauqua!

## GAME ROOM

Kids of all ages can enjoy the Game Room at Chautauqua Activity and Fitness Center. Gather for a game of pool, ping pong, air hockey, or retro arcade Pac Man. Toys, books, and two computers with filtered internet access and PS2 & PS4 gaming are also available for play. Check out the vintage juke box with decidedly modern music offerings.



# Kids (Ages 5-12)

## **CAMP CHAUTAUQUA (AGES 5-12)**

Saturday, May 25, Monday, June 17 - Saturday, August 3 Saturday, August 31

Participate in mountain-focused fun led by adult counselors. A flexible, pay-by-the-hour system allows parents to plan their summer days with ease while the kids enjoy interactive games, hiking and nature activities, organic gardening, sports skills development, science, cooking, arts & crafts, and more. Please make reservations at least 24 hours in advance. Other dates may be available.

## CHAUTAUQUA CHILD CARE (AGES 4 AND UNDER)

The Chautauqua team can help with babysitting services for one-on-one supervision for little ones during Camp Chautauqua hours (10 AM-4 PM) or in your home, based on availability.

Camp Chautauqua and other Mountain Air drop-off child care offerings for children ages 5 and older operate in accordance with state law and are on-file with the NC Department of Health and Human Services.

## TINY TOTS PLAY DATE

Saturday, June 1 10:30 AM

Come to the Chautauqua Room with your little one. Parents and grandparents can accompany their tots for playtime, socializing, games, and crafts.

## SATURDAY MORNING CARTOONS

Saturdays in July 9:30 AM • Ages 5-12

Nostalgic cartoons are sure to make even today's kids laugh! Enjoy classics like Looney Tunes, Tom and Jerry, and Scooby Doo on the big screen.

## KIDS IN THE GARDEN

Thursdays, June 20 - August 1\* 1 PM

Meet at the Community Organic Garden to plant seeds, pull weeds, and sample garden-fresh food. Our Head Gardener helps kids understand the process of cultivating an organic vegetable garden. Watch it bloom and grow week-to-week. Kids in the Garden events are included in Camp Chautauqua – van transportation is provided.

\* Kids in the Garden will not take place on July 4 and 11.

## FITNESS FUN FOR KIDS

Tuesday, June 25 and Tuesdays in July\* 2:30 PM

Get moving with Fitness Coach, Jordan Bair! Active games and fitness drills help kids discover the fun in fitness while working on balance, coordination, strength, and flexibility.

\* Fitness Fun will not take place on July 9.



KIDS SPA DAY

Wednesday, July 17 1 PM (Ages 5-8), 3 PM (Ages 9-12)

Our cosmetologist introduces skin, nail care, and all things spa!

## SUPER SLIME SESSION Saturday, July 13

**10:30 AM**Concoct glow in the dark, galaxy, and fluffy slime and then put it in motion!

### HALLOWEEN IN JULY Saturday, July 27 6 PM

Float like a ghost or fly on a broom but don't miss this Halloween in July party! It's a monster mash-up of creepy crafts, costume dress-up, and amazing activities. Of course, it wouldn't be Halloween without trick or treating!

# Chautauqua

## **CRAFTS**

Craft workshops are geared towards ages 5-12 but we believe in Art for All! Come by the Chautauqua Room for endless inspiration and art supplies. Staff will be on-hand to assist.

## ALL ABOUT MOM CRAFT WORKSHOP Saturday, May 11, 1 PM

Create heartwarming, handmade gifts and cards for mom this Mother's Day. Recognize mothers, grandmothers, and all the special women who fill life with love.

## ALL ABOUT DAD CRAFT WORKSHOP Saturday, June 15, 1 PM

What's better than a necktie for Father's Day? Create a special handmade card or gift that shows you care!

## BACK-TO-SCHOOL CRAFTS Saturday, August 3, 1 PM

Create customized back-to-school crafts and personalized works of art. Find ideas and supplies to get ready for fall.

## HANDMADE HOLIDAY CRAFTS

Saturday, November 30, 1 PM

Add a handmade charm to the holidays. Make festive tree ornaments, holiday decorations, and cards to give as gifts or take home.

## MYSTERY CRAFT CHALLENGE FOR KIDS

Saturdays in July, 1 PM

A mystery bag of supplies is provided and the clock is ticking. Let the creativity begin! Prizes are awarded!

## AN AVIATION EXPERIENCE (MAGES 10-15)

Monday, July 15, 11 AM - 5:30 PM

Capture the excitement of flying small aircraft from a pilot's perspective.

Join member pilots, Arvid Albanese and Trevor Goldberg, to learn the fundamentals of flying and how to become a pilot. Catch the excitement of their combined over 90 years of flying time all around the globe. (Both men started flying as teenagers!) Take a special trip to the runway for a tour of their private aircraft and get an insider's look at runway operations. Enjoy lunch at O&W's and observe our to-scale model aircraft of the 1903 Wright Flyer, the first successful airplane. Take part in fun, hands-on science experiments to better understand aeronautics and finish the day with a special presentation of *The* Right Stuff, one of the best aviation movies of all time.

Do you dream of flying through the skies? Prepare for takeoff!

## THIRD ANNUAL PING PONG TOURNAMENT (AGES 5-17)

Monday, July 22, 2:30 PM

Don't miss this friendly ping pong competition! The tournament will be flighted by age with prizes and bragging rights for the winners!

## **BRAIN GAMES (ALL AGES)**

Friday, November 29, 2 PM

According to the National College of Sports Medicine, movement coupled with memory recall helps train the brain to retain. In the spirit of good fun, enjoy a variety of activities for individuals and small groups.

# Teens (Ages 13-17)

## **POWER YOGA (AGES 13+)** Mondays, June 17, 24, July 1, 8, 15, 22, 29, and August 5, 1 PM

Experience a faster-paced workout that will make you sweat, get your heart rate up, and build strength! Power voga increases flexibility which in turn increases athletic performance. Taught in the proven Baptiste style of yoga, this class follows a similar format every time. Mondays are for yoga - this summer, begin your life-long practice!

## STRENGTH TRAINING FOR YOUNG ATHLETES

Tuesdays, June 25 and July, 2, 16, 23, 30. 1 PM

Learn fun and effective training methods taught by fitness coach, Jordan Bair. Get expert advice on how to develop strength and stamina while improving your overall athletic performance. Jordan is a CrossFit and 9Round instructor and competes in CrossFit competitions professionally. Her women's team is currently in first place for the Asheville region CrossFit tournament. Take your personal fitness to the next level!

## MOUNTAIN ARTS 🕮 Friday, July 12, 1 PM

For generations, people living in the mountains of Western North Carolina relied on complex skills in science and art to make their lives more comfortable. Take a closer look and try your hand at techniques like canning, paper making, quilting, slab clay pottery, butter making, and braided weaving.

## FORTNITE TOURNAMENT



Slickrock Cinema Saturday, July 20, 4 PM

Did you know the name "fortnight" comes from the Old English, and is literally a shortened form of fourteen nights? The term is occasionally still used in Great Britain when discussing bi-weekly pay schedules. Prizes will be awarded.

## WRITING FOR SUCCESS (III) Friday, July 26, 1 PM



Dr. Greta Blake shares what she wished someone had told her before college. This workshop covers resume writing, personal brand building, and other strategies to make the most of your college and job search experiences. Brush up on your written communication with a university professor before you head back to class!

## SKIN & HAIR CARE 101 🕮 Wednesday, July 24, 1 PM



Learn about skin and hair care from Anne Dzuiblinski, a licensed cosmetologist and senior national educator with John Paul Mitchell Systems in Los Angles. Anne discusses technique, product selection, and make-up application while sharing secrets on how to look and feel your best from the inside out!

## COOKING FRESH FOOD BASICS



Friday, August 2, 1 PM

Practice your kitchen skills with horticulturalist and culinarian, Jill Cockerham. From post-harvest handling to recipe preparation, learn easy techniques to add garden fresh ingredients to your meals.

## COACHING AND CAMP COUNSELING 101 Friday, July 19, 1 PM

Want to become a summer camp counselor or coach a sport someday? Learn new skills for your next summer jobtaught be Ric Cedergren, a teacher, golf coach, camp counselor, and longtime volunteer coordinator for LEAF. Be ready to move and participate in team building activities easy enough to share with younger kids. Ric covers topics like safety for groups and growing emotional intelligence in group settings. Take away practical advice on motivating kids and having fun while doing it!

## WINTERTIME

Mountain Air is a destination for every season! There are plenty of wintertime activities to enjoy before settling in by a cozy fire.

## FRIDAY NIGHT DINNER SOCIALS

## November - May | 5:30 PM, Clubhouse

Dinner Socials are the weekly gathering of year-round residents and members visiting their mountain homes, seeking the true beauty and ever-expansive views that winter offers. When the sun goes down, cocktail hour begins and is followed by a la carte dining. The culinary team serves delicious dishes to be enjoyed with friends and loved ones!

## NATURAL FACTS SERIES

## November through March - 3rd Friday of the Month | 4:30 PM

Don't miss interactive, indoor nature presentations by the Resident Naturalist. Specific topics are drawn from member suggestions. Natural Facts are held the 3rd Friday of each month during the winter season, before the Dinner Socials.

### TRAILS

Hiking in the wintertime is worth the extra layers! Our three unique trail systems offer views that you'll never see during summer. Embrace all that winter has to offer and enjoy the stark beauty of the mountains around us!

## SLEDDING

Wait for the big snow then take the perfect ride! Bring your own sled or borrow from our fleet of loaner sleds and saucers. The best sledding spots are below the #2 tee boxes or on the #11 fairway. Contact Chautauqua for more information.

## WILD THEATER

## Saturdays, November through March

View the most breathtaking matinees ever! Larger-than-life nature is extraordinary on Slickrock Cinema's big screen. A different, award-winning series is featured each month.

## FITNESS, WELLNESS, AND SPA

Make fitness a year-round pursuit! The Fitness Center is open daily and offers a variety of group fitness classes and personal training for your customized, sustainable wellness plan. To balance out, you can relax, unwind, and pamper yourself at Spa Tohi.

## YEAR-ROUND GOLF

It may be cold outside but the Pro Shop is open and weather permitting, the golf course is too! To keep your swing in-check over the winter, reserve the TruGolf Simulator or use the heated, covered hitting bays at the Golf Learning and Performance Center.

## **GAME ROOM**

Equipped with ping pong, a pool table, air hockey, and computer gaming, the Game Room at Chautauqua is a good, all-season hang space for kids and teens.



## Fitness & Wellness

Health and wellness is a way of life at Mountain Air! We are your supportive community, dedicated to helping you stay active.

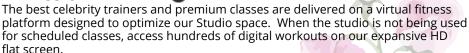
#### FITNESS CENTER

A selection of strength and cardio equipment to help you live powerfully. To complement your workout, cardio machines provide personal viewing screens with options for television, internet browsing, and more.

### GROUP FITNESS

Engaging instructors and small classes provide the added motivation that comes from a group dynamic. Indoor and outdoor fitness classes such as water fitness, yoga, suspension band training, and Tai Chi are offered. The Fitness Studio, with floor-toceiling mirrors and expansive windows, provides open space for classes, free weights, and mat work.

## FITNESS ON DEMAND W



### PERSONAL TRAINERS

Certified personal trainers motivate, lend support, and teach effective techniques to help you reach your goals. Get an educated and balanced approach to your current workout or begin a new fitness journey! Long-time Mountain Air trainers, Memmy Staber, Joe Grebenor, Jr., and Gina Elrod along with certified trainers, Greta Blake, Anne Dzuiblinski, and Jordan Bair will help you transform your body.

## WELLNESS MOVIES W



Now showing periodically on the big screen – influential wellness movies and health documentaries! Watch for Slickrock Cinema movie times and film listings.

## Focus on Fitness Workshops

Saturday, January 19, February 9, March 9, and April 13 | 10 AM

Learn traditional methods and the latest techniques and breakthroughs for fitness during the workshop series. Apply new knowledge to have the most fun with your fitness routine! Be prepared to move during the class then take home or download the resources and materials provided.

## The Yoga Experience

#### Saturday, July 20 - Monday, July 22

Yoga instructors, Greta Blake and Anne Dzuiblinski will provide yoga classes and workshops designed for aspiring and experienced yogis. Flow through a vinyasa practice, add precision to your poses during a fundamentals workshop, or relax and rejuvenate with a quiet restorative class. Discover a deeper understanding of yoga, gain practical experience, and take home or download the resources and materials provided.

## Third Annual Sip, Shop, Spa

## Friday, July 19 | 2 PM

Join the Chautauqua staff and special guests from the local community for a mountaintop wellness celebration. It's a fun, relaxing afternoon around the Slickrock Village Green featuring local vendors and their products including handcrafted jewelry, beauty care products, apparel, and home accessories. Enjoy refreshments, specialty craft cocktails, and mini spa treatments. All members and guests are welcome.

## Spring and Fall Ageless Spirit Retreats Saturday, May 4 and Saturday, November 9



Enjoy a relaxing, one-day retreat, offering opportunities for personal development and creative pursuits such as sculpting, painting, writing, yoga, and hiking. Connect with others while our featured guests share their methods of reflection and rejuvenation.

- Open Creative Studio in the Lodge Loft Let the artistic process relax your mind and body. Create your own treasure candle with polished stones or try a hand at paint or clay while you sip on blended tea inspired by our garden.
- Book discussion of The Ageless Spirit Reflections on Living Life to the Fullest in Midlife and the Years Beyond by Connie Goldman – examine this profound compilation of essays as people talk about how they remain vital in midlife and beyond.
- Writing Workshop Craft your own Ageless Spirit essay with the guidance of author, Karen Miller. Writer, teacher, and journalist, Karen, combines her passion for teaching and writing to help you craft a written representation of your spirit and outlook on aging.
- Yoga Nidra Workshop Certified yoga instructor, Anne Dzuiblinski, discusses yoga nidra or yogic sleep, a state in which the body is completely relaxed. By following a set of verbal instructions, explore the many benefits of this restorative yoga practice.

A special Chef-prepared spa boxed lunch is included. Watch for more details and information on spa treatments, custom yoga, hiking, and other wellness offerings!

## SPA TOHI



## TOHI (toh-hee)

- 1. The Cherokee word for peace.
  - 2. Harmonious unity of body, mind, and spirit.

#### OUR FACILITY

#### SPA TOHI

Elevate your wellness experience at Spa Tohi. Along with facials and natural nail care, we now offer waxing services and men's express haircuts. Additional massage offerings include Craniosacral Therapy, Raindrop Therapy, and Bamboo Fusion Massage.

### **CHAUTAUQUA**

- Spa Treatment Rooms
- Nail Studio
- Locker Rooms and Saunas
- Outdoor Hot Tub and Heated Pool

#### **FALLING LEAF LODGE**

- Spa Tohi Room
- Mind-Body Lodge Loft and Porch

#### INTEGRATIVE MASSAGE

Relaxing Swedish techniques, deep tissue work, and reflexology are combined to create a customized massage therapy session.

#### EMINENCE SIGNATURE FACIALS

A deep pore-cleansing treatment, dermafoliant, and phytomasque rich in antioxidants firms and hydrates skin. Recommended for all skin types.



#### **NATURAL NAILS**

Choose between a spa manicure or pedicure. Enjoy a soothing cuticle soak, shaping of natural nails, relaxing hand or foot massage, and an optional choice of Dazzle Dry nail lacquer. Dazzle Dry is vegan and hypoallergenic and dries rock hard in five minutes.



#### CANCELLATION POLICY

Cancellations made less than 24 hours before a service will result in full charge.

# Slickrock Talks

Attention lifelong learners! This thought-provoking, educational series offers insight on a variety of subjects including health, science, and the arts. Mark your calendars for these dates and watch for a complete schedule of featured presenters and their topics. Talks are located in the Slickrock Cinema unless otherwise noted. Space is limited so be sure to reserve early!

## PRELIMINARY SCHEDULE

## Red Curtain Retrospective

Tuesday, May 21, 4 PM

Peak behind the red curtain to discover how, in the name of entertainment, theaters make patrons laugh, cry, and think! Get an insider's look at community theater and the impact of performing arts in the local area. Presented by Burnsville's Parkway Playhouse Executive Director, Jeff Bachar, discover ways in which theaters do more than present enjoyable plays – such as address social issues, improve the economy, and increase diversity.

## Managing Knee Arthritis - What You Need to Know Tuesday, July 16, 4 PM

Dr. John Cuckler, M.D. shares his insight into a common issue, arthritis of the knee. A renowned, award-winning orthopedic surgeon, Dr. Cuckler has a career spanning over 40 years and is known for his kind demeanor and gentle disposition. Learn practical tips for optimal performance of the largest joint in the body.

## Bella in the Garden Thursday, August 15, 12 PM

Linda Cucci presents the fourth rendition of her acclaimed 'Bella in the Garden' cooking demonstration and tasting. Ideal summer temperatures allow for dining al fresco on the Chautauqua porch for this popular event. Freshly harvested produce from our Community Organic Garden is the inspiration for the menu of Bella's bountiful spread. Enjoy the sights, aromas, and tastes of Italian cooking from the heart during this intimate, special culinary event.



## Pickleball

An easy-to-learn paddle sport that's suitable for all ages, pickleball is the fastest growing sport in the nation. New research confirms that pickleball improves fitness and lowers the risk of depression while offering a mix of moderate exercise and social connection that many say can be life-changing!





## OPEN HOUSE AND PICKLEBALL SOCIAL

Monday, May 27, 3 PM

Learn more about pickleball's terminology, equipment, and scoring. Mingle with other picklers over light snacks and refreshments during our opening event!

## MONTHLY PICKLEBALL SOCIALS

Mondays, June 24, August 26, September 23, and October 7, 3 PM Meet other devoted picklers for casual play, then gather afterwards at Orville & Wilbur's for drinks and dinner.

## MIXED DOUBLES PICKBALL TOURNAMENT

Saturday, July 29, 10 AM

The Second Annual Mixed Doubles Pickleball Tournament is an all-day event with a special reception après the final rounds. Find a partner and dink it!



## **TENNIS**

Two mountaintop Har-Tru tennis courts offer inspirational views and comfortable summer playing conditions.

May - November 8:30 AM-9 PM upper • 8:30 AM-10 PM lower Courts open daily. Weather and conditions permitting.

### **COURT RESERVATIONS**

Reservations for tennis, pickleball, and bocce can be made 24 hours a day, seven days a week on our member website and app. Tennis court reservations can be made up to 48 hours in advance for the upper court and 24 hours in advance for the lower court (if the Tennis Pro has not reserved the lower court for instruction). Pickleball and Bocce court reservations can be made up to seven days in advance.

#### **BALL MACHINE**

Practice your game and sharpen your skills with complimentary use of the Playmate Ace Basic ball machine. Advance reservations are required.

### RACQUET STRINGING

Racquet stringing is available.

### **MEN'S TENNIS**

Thursdays May 23 - October 10 \*

9:30 AM, Round Robin Doubles Social

\* Men's Tennis will not take place on July 11 and July 25.

### **LADIES' TENNIS**

Wednesdays May 22 - October 9

9:45 AM Warm-up Clinic 10:30 AM Round Robin Doubles Social



### CARDIO TENNIS CLINICS

Saturdays May 25 - October 12 \* 10 AM

Cardio Tennis is a high-energy fitness activity designed to give players of all skill levels a fun, aerobic workout to music. Clinics include a warm-up, training drills, and games. This is a great way to train for tennis and get your full body, calorie-burning cardiovascular exercise.

### HIT AND BE FIT TENNIS CLINICS

Saturdays May 25 - October 12 \* 11 AM

Hit and Be Fit clinics are a great combination of stroke refinement, footwork, conditioning, and play-based drills to tune up your game. Clinics involve Pro-led live ball and competitive, fun tennis games. Some experience required.

### **CUSTOM TENNIS CLINICS**

Custom clinics are designed and tailored for all ages and skill levels available through the Pro, including 3-and-me Junior and Adult clinics, as well as 60 or 90 minute clinics for 3-4 players. Grab your friends and book a fun tennis clinic experience.

\* Except June 1 and July 13

### MIXED DOUBLES CLINICS & SOCIALS

These gatherings are designed to bring tennis players together in a social setting. Enjoy a 30 minute warm-up clinic concentrating on doubles strategy followed by round robin play (optional on Fridays, included on Sundays). Socials are open to men and women of all skill levels.

#### **FRIDAYS**

At 10 AM, tune up your doubles strategy and warm up shots with the Pro before the 10:30 AM Round Robin Social.

May 24 - Tennis Opening Social 1 PM

June 28 10 AM Clinic & 10:30 AM Social

#### SUNDAYS

Start with a pro led clinic covering doubles strategy and a warm up of popular shots. Then transition to the Round Robin Social while the Pro offers tips to improve play.

May 27, July 1, July 29, September 2, and October 7
10 AM

All levels welcome.

## **TENNIS**

### SPECIAL EVENTS

TENNIS SEASON OPENING SOCIAL Friday, May 24 1 PM

FRENCH OPEN TENNIS CHAMPAGNE SOCIAL Friday, June 7 10 AM

FIRECRACKER PARENT/CHILD TOURNAMENT Wednesday, July 4 2 PM

LADIES' DOUBLES & MEN'S SINGLES CHAMPIONSHIP Monday, July 8 - Thursday, July 11

CHAMPIONSHIP FINALS Thursday, July 11 9 AM Men | 11 AM Ladies

MIXED DOUBLES CHAMPIONSHIP Tuesday, July 23 - Thursday, July 25

CHAMPIONSHIP FINALS Thursday, July 25 9 AM



## Junior Tennis

## ULTRA QUICK START CLINICS (AGES 8-14)

Saturdays in July 12-1 PM

Ultra Quick Start is a USTA developmental program for young players. Utilize the orange and green dot balls on a shorter court. Clinics cover the basic strokes of the game with an emphasis on teamwork and fun. Rackets are provided.

### JUNIOR TENNIS CAMP (AGES 5-16)

Monday, July 8 – Thursday, July 11 1-3 PM

This program is designed for the aspiring player who wants to take it to the next level. Junior Tennis Camp is a fun way to practice scoring, stroke fundamentals, and court strategy. Our Head Tennis Professional challenges young players of all abilities in the areas of technique, fitness, and mental strategy with an emphasis on fun. Practice match competition in a flighted Grand Finale Tournament with refreshments and awards. All levels welcome.

#### CATCH THE SWIM SHUTTLE! Monday, July 8 – Thursday, July 11 11 AM-1 PM

Junior Golf Week participants can get transported from Lost Chimneys Learning and Performance Center to Chautauqua for a poolside lunch and supervised swim before heading to the courts for Junior Tennis Camp.



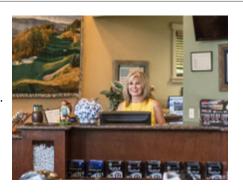
## **GOLF**

Whether you're a competitive or casual golfer, or entirely new to the game, our golf program has something for everyone. Our PGA Head Golf Professional, Chris Parham, and his staff are here to engage you with golf events, demo days, and clinics. Golf Course Superintendent, Shannon Peterson, and his team maintain course conditions that are unrivaled in Western North Carolina.

### PRO SHOP

The Pro Shop offers a variety of men's and ladies' apparel lines ranging from golf to sport and casual wear plus accessories, kids' wear, gift items, and clubs from PING, Callaway, and Titleist.













#### **GOLF CARTS**

Privately-owned golf carts are permitted at Mountain Air. All golf carts in the community require annual registration in the Pro Shop, must be tan or cream in color, and manufactured by Club Car. For unlimited use of a privately-owned golf cart on the golf course throughout the year, an Annual Trail Fee Plan is offered. Golf cart maintenance is available and can be arranged through the Pro Shop. Charges for maintenance and repairs are conveniently billed to your member account.

#### LOST CHIMNEYS GOLF LEARNING AND PERFORMANCE CENTER

Lost Chimneys is an award-winning Learning Center with two 17,000 square foot grass tees, short game area with putting green, bunkers, and five covered hitting bays equipped with ceiling fans and heaters. One hitting bay is equipped with state-of-the-art V1 teaching software, four cameras, and the FlightScope X2 teaching and fitting tool. Our PGA Professionals offer group and private golf instruction with video swing analysis.



Play world-class golf courses on the Club's TruGolf indoor golf simulator. TruGolf is the most realistic, accurate, and comprehensive software available. The simulator can be used as a teaching tool anytime in-season or during cold temperatures. Get immersed in a virtual environment while playing courses like Bay Hill, Bethpage Black, Harbor Town, Pinehurst No. 2, and Torrey Pines. The golf simulator is available for small outings and social events.



### **GOLF INSTRUCTION**

PGA Director of Instruction, George Henson, offers top-level golf instruction and club fitting.

A native to western North Carolina and a PGA Member since 2005, George is an AXYS Golf certified teaching professional.

George implements an anatomically effective way of improving anyone's golf game regardless of physical weaknesses, prior injuries, or muscle imbalances.

Group and private golf instruction with video swing analysis is available.



## **GOLF**

### **GOLF ASSOCIATIONS**

Organized play days and an action packed schedule of events make for the ultimate golf experience. Enjoy opening and closing luncheons, fun competition, and camaraderie all season long! The Men's and Ladies' Golf Associations host their own Board of Directors, are Club-supported, and offer a variety of tournament formats and themes.

### **LADIES' GOLF (LGA)**

OPENING LUNCHEON Tuesday, June 4

SUMMER CLASSIC (MEMBER-MEMBER) Monday, June 17 -Tuesday, June 18

LADIES' INVITATIONAL Tuesday, July 30

BETTY ANN YOUNG CUP Monday, August 19 -Tuesday, August 20

SADIE HAWKINS TOURNAMENT & CELEBRATION OF LIFE Tuesday, September 17

CLOSING LUNCHEON Tuesday, September 24

### **MEN'S GOLF (MGA)**

OPENING STAG EVENT Tuesday, May 28

OPENING SCRAMBLE Wednesday, May 29

MEMBER-MEMBER Tuesday, August 6 -Thursday, August 8

RYDER CUP PRACTICE ROUND & PAIRINGS PARTY Wednesday, September 4

RYDER CUP Thursday, September 5 -Friday, September 6

CLOSING LUNCHEON Wednesday, September 25



## GOLF SPECIAL EVENTS

### **COUPLES' GOLF**

MEMBER-GUEST TOURNAMENT Thursday, June 20 - Saturday, June 22

CLUB CHAMPIONSHIP Saturday, August 17

### **TWILIGHT GOLF**

THURSDAYS May 23 - October 3\* 4 PM

\* Twilight Golf will not take place on June 20, July 4, July 18, August 8, Sept. 5, and Sept. 12.

### SPECIAL EVENTS

MEMORIAL DAY GOLF TOURNAMENT Saturday, May 25

DEMO DAY Saturday, June 1

RED, WHITE, & BLUE GOLF TOURNAMENTS Wednesday, July 3 Saturday, July 6

MEN'S MEMBER-GUEST Thursday, July 18 - Saturday, July 20

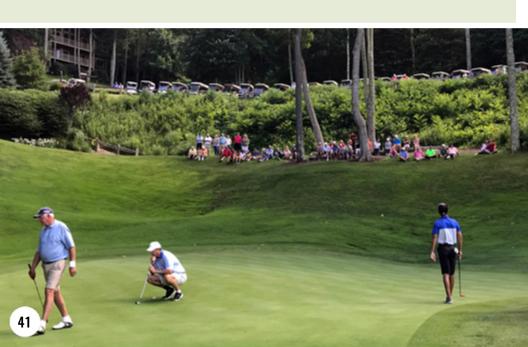
MOUNTAINTOP GOLF/POP UP RESTAURANT Tuesday, June 11 Tuesday, August 13 Tuesday, October 1 CLUB CHAMPIONSHIP Friday, August 23 - Sunday, August 25

LABOR DAY GOLF TOURNAMENT Saturday, August 31

PARHAM SHOOTOUT Wednesday, September 11 – Thursday, September 12

AIRWAY FAIRWAY GOLF TOURNAMENT Saturday, September 21

PRO SHOP WINE & CHEESE SOCIAL Friday, November 29



### DEMO DAY

Saturday, June 1

Meet the reps from manufacturers such as Ping and Callaway and check out the product lines for the 2019 season. The latest equipment and technology will help you have a more enjoyable experience on the golf course. With assistance from the reps, pick out some clubs and give them a try!



### MOUNTAINTOP GOLF

Tuesday, June 11, Tuesday, August 13, Tuesday, October 1

Go beyond a round of golf. Head down to the Golf Learning and Performance Center for amusing golf games and challenges, loud music, a party vibe, and lots of golf-centric fun! Each Mountain Top Golf event will feature a Pop-Up Restaurant offering a creative eating experience with a uniquely themed menu and drink specials.



The premiere event of the season, the annual Men's Member-Guest Tournament offers three days of incredible golf, outstanding cuisine artfully prepared by our culinary team, and palpable Mountain Air tradition amongst friends, old and new.

The ladies are encouraged to attend the two evening dinner events in addition to a friendly putting competition and the Sip, Shop, Spa event around the Slickrock Village Green. The fun-filled afternoon is open to all members and guests and features local vendors and their goods including handcrafted jewelry, beauty care products, apparel, and home accessories. Enjoy refreshments, specialty craft cocktails, and mini spa treatments.







2018 CHAMPIONS
Lowell Eckert and Sean Quinlan

#### RYDER CUP

Wednesday, September 4 - Pairings Party Thursday, September 5 - Friday, September 6

A well-known contest on the Mountain, the Ryder Cup is a historic two-day men's golf event. Similar to the competition between Europe and the United States, the Red Team and Blue Team go head-to-head in match play competition. A 17-year battle, the Ryder Cup brings drama, great golf, and good sportsmanship while a gallery watches play on 18. Loyalty runs deep with passion for the team colors!

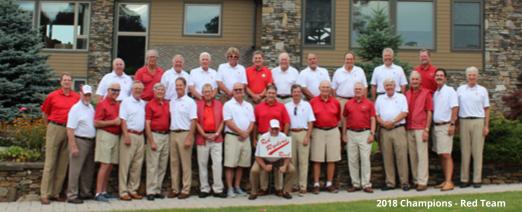
#### RED TEAM

2018, 2017, 2016, 2014, 2013, 2012, 2007, 2002

### **BLUE TEAM**

2015, 2011, 2010, 2009, 2008, 2006, 2005, 2004, 2003







## JUNIOR GOLF

### **JUNIOR GOLF WEEK (AGES 5-16)**

Monday, July 8 – Thursday, July 11 9-11 AM

Junior Golf Week provides a fun and educational environment for aspiring players. This is a great way to learn fundamentals, golf rules and etiquette, and receive on-course instruction. Get ready for the Junior Golf Tournament on Thursday, July 11 at 8:30 AM with a parent-child cookout to follow.

### **CATCH THE SWIM SHUTTLE!**

Monday, July 8 – Thursday, July 11 11AM-1 PM

Junior Golf Week participants can get transported from Lost Chimneys Learning and Performance Center to Chautauqua for a poolside lunch and supervised swim before heading to the courts for Junior Tennis Camp.







## **CLUBS WITHIN THE CLUB**

Clubs within the Club are organized by Members and open for participation by all. For more information, please contact the Member representative noted below.

### **BRIDGE**

Gail Lewis gail\_hjlewis@msn.com

### CANASTA

Nancy Engelhardt admnance@frontier.com

### MAH JONGG

Cheryl Leskar tunarotic@gmail.com

### **BOCCE SOCIAL**

Linda Goldberg lgoldberg74@gmail.com

### **DINING DIVAS**

Kathy Boka kathyboka@yahoo.com

### SLICKROCK SHOOTERS

John Cuckler jcucklermd@gmail.com

### **PILOTS' ASSOCIATION**

Gary Ray glray60@gmail.com

Arvid Albanese arvid@albanesegroup.com www.mapilots.org

### MEN'S TRAVELING GOLF

David Leskar david.leskar@buyerstitle.com

### HAPPY HIKERS

Joanne Bokor lovegators@aol.com

### MOUNTAIN AIR COMMUNITY FUND

Marcie Jacobs marciejacobs@gmail.com



Mountain Air is a community with a heart whose residents answer the call each year to support a number of worthwhile organizations and events around the area. The Mountain Air Community Fund raises money through donations and events, and provides volunteers in an ongoing effort to enhance the local community.

Over the past 10 years, the fund has been able to grant well over \$500,000 to 41 different non-profit organizations. These donations have provided funding to feed school children, give college scholarships, fill the local food pantry, start high school math and astronomy clubs, assist summer reading and theater programs, fund a theraputic riding center, provide housing for underpriviledged families, supported battered women's shelter, and much more.





# January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		Clubhouse & Pro Shop Closed Market Open 9 AM-4 PM Fitness Open	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

THURSDAY	FRIDAY	SATURDAY
3	4 Dinner Social 5:30 PM	5 Eco-Ramble Wild Theater: Planet Earth II 12:30 PM Family Movie 2 PM
10	<b>11</b> Dinner Social 5:30 PM	Wild Theater: Planet Earth II 12:30 PM Family Movie 2 PM Winter Wonders Walk 1 PM
17	Natural Facts 4:30 PM Dinner Social 5:30 PM	Focus on Fitness 10 AM Wild Theater: Planet Earth II 12:30 PM Family Movie 2 PM
24	25 Dinner Social 5:30 PM	26 Wild Theater: Planet Earth II 12:30 PM Family Movie 2 PM
31		

# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3 Super Bowl Party 5:30 PM	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27

THURSDAY	FRIDAY	SATURDAY
	1 Dinner Social 5:30 PM	Eco-Ramble Wild Theater: Hidden Kingdoms 12:30 PM Family Movie 2 PM
7	8 Dinner Social 5:30 PM	Focus on Fitness 10 AM Wild Theater: Hidden Kingdoms 12:30 PM My Crafty Valentine 1 PM Family Movie 2 PM
14	Natural Facts 4:30 PM Valentine's Dinner Social 5:30 PM	16 Wild Theater: Hidden Kingdoms 12:30 PM Winter Wonders Walk 1 PM Family Movie 2 PM
21	<b>22</b> Dinner Social 5:30 PM	23 Wild Theater: Hidden Kingdoms 12:30 PM Family Movie 2 PM
28		

# March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6
10	11	12	13
17	18	19	<b>20</b> Equinox Walk
24	25	26	27
31			

THURSDAY	FRIDAY	SATURDAY
	1 Dinner Social 5:30 PM	Eco-Ramble Wild Theater: IMAX Nature 12:30 PM Family Movie 2 PM
7	8 Dinner Social 5:30 PM	Focus on Fitness 10 AM Wild Theater: IMAX Nature 12:30 PM Family Movie 2 PM
14	Natural Facts 4:30 PM Dinner Social 5:30 PM	16 Wild Theater: IMAX Nature 12:30 PM Family Movie 2 PM
21	St. Patrick's Dinner Social 5:30 PM	Wild Theater: IMAX Nature 12:30 PM Spring Fling Nature Walk 1 PM Family Movie 2 PM
28	<b>29</b> Dinner Social 5:30 PM	30 Wild Theater: IMAX Nature 12:30 PM Family Movie 2 PM

# April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	Golf Course Aerification	Golf Course Aerification	3
7	8	9	10
14	15	16	17
21 Easter Sunrise Service 7 AM Easter Grand Buffet 11:30 AM-2 PM	22	23	24
28	29	30	

,	THURSDAY	FRIDAY	SATURDAY
	4	5 Dinner Social 5:30 PM	6 Eco-Ramble Family Movie 2 PM
	11	12 Dinner Social 5:30 PM	Focus on Fitness 10 AM First Flowers Walk 1PM Family Movie 2 PM
	18	Geocache Challenge Bunny Hop Walk 1 PM Seafood Night Dinner Social 5:30 PM	Geocache Challenge Easter Fun & Wild Hare Egg Hunt 1:30 PM Family Movie 2 PM Clubhouse Dining Closed
	25	ODC Explore Dinner Social 5:30 PM	27 ODC Explore Eco-Ramble Family Movie 2 PM

# May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			1
5	6	7 LGA 18 9 AM LGA 9 10 AM	8 MGA 9 AM Mountain Mixer 4:30 PM
12 Mother's Day Brunch 11:30 AM -2 PM	13	14 LGA 18 9 AM LGA 9 10 AM	<b>15</b> MGA 9 AM
19	20 Taste of O&W's 6 PM	21 O&W's Grand Opening LGA 18 9 AM LGA 9 10 AM Slickrock Talk: Red Curtain Retrospective 4 PM	MGA 9 AM Ladies' Tennis Warm Up Clinic 9:45 AM Ladies' Tennis 10:30 AM Mountain Mixer 4:30 PM
26 ODC Explore Cart Tour: Wildflowers 10 AM Mixed Doubles Tennis Clinic & Social 10 AM	27 Pickleball Open House and Social 3 PM	28 LGA 18 9 AM LGA 9 10 AM MGA Opening Stag Event 6 PM	MGA Opening Scramble 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM

THURSDAY	FRIDAY	SATURDAY
2	3 Dinner Social 5:30 PM	4 Ageless Spirit Retreat Family Movie 2 PM
9	10 Dinner Social 5:30 PM	All About Mom Craft Workshop 1 PM Flower Walk with Mom 2 PM Family Movie 2 PM
16 Community Garden Gathering: Spring Planting 9:30 AM	17 Kempfer Classic XXVI Dinner Social 5:30 PM	18 Kempfer Classic XXVI Early Bird Walk 8 AM GeoQuest 1 PM Family Movie 2 PM
23 Men's Tennis 9:30 AM Twilight Golf Opener 4 PM	Pool Opens Tennis Opening Social 1 PM Family on the Green 5 PM Slickrock Safari Taste of the Oak Room 6 PM	25 Golf Tournament Breakfast 8 AM Memorial Day Golf Tournament 9:30 AM ODC Explore Cardio Tennis Clinic 10 AM Camp Chautauqua Day 10 AM Hit and Be Fit Tennis 11 AM
30 Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>31</b> Java with Jay 10 AM	Family Movie 2 PM Memorial Day Party 6 PM

EDIDAY

VACIDITAS

VARIORILLE

# June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<b>2</b> Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM	3	4 Ladies' Opening Golf & Luncheon 9 AM	5 MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Mountain Mixer 4:30 PM
9 French Open Tennis Champagne Social 10 AM	10	11 LGA 18 9 AM LGA 9 10 AM MountainTop Golf 4:30 PM	MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Bayou Bash 6 PM
16 Father's Day Lunch Specials 11 AM-3 PM	17 Ladies' Member-Member Tournament Teens Power Yoga 1 PM	18 Ladies' Member-Member Tournament	MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Mountain Mixer 4:30 PM
Sunday Supper in the Oak Room 5:30 PM  30 Geocache Challenge Brunch at O&W's 10 AM Mixed Doubles Tennis Clinic & Social 10 AM	24 Teens Power Yoga 1 PM Pickleball Monday Mixer 3 PM	25 LGA 18 9 AM LGA 9 10 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM MAC Fund Beatles to Broadway Evening	26 MGA 9 AM Ladies' Tennis Warn Up 9:45 AM Ladies' Tennis 10:30 AM Chef's Wine Dinner 6 PM

THURSDAY	FRIDAY
len's Tennis 9:30 AM willight Golf 4 PM	<b>7</b> Java with Jay 10 AM

		MAPOA Annual Meeting 9 AM Golf Demo Day 10 AM Tiny Tots Play Date 10:30 AM Family Movie 2 PM Nature Play 3 PM
6 Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>7</b> Java with Jay 10 AM	8 Eco-Ramble Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM Music with a View 6 PM
13 Men's Tennis 9:30 AM Twilight Golf 4 PM	14 Java with Jay 10 AM Live Music by the Rockabilly's at 0&W's 6-9 PM	15 Eco-Ramble Wildlife Walk with Dad 10 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM All About Dad Crafts 1 PM Family Movie 2 PM Krazy Karaoke 6 PM
20 Couples' Member-Guest Golf Tournament Men's Tennis 9:30 AM Kids in the Garden 1 PM Clubhouse Dining Closed - Tournament Dinner	21 Couples' Member-Guest Golf Tournament Java with Jay 10 AM Kickoff: Garden Market 10 AM	22 Couples' Member-Guest Golf Tournament Mountaintop Nature Walk 10 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Clubhouse Dining Closed - Awards Dinner
Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	Java with Jay 10 AM Garden Market 10 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 10:30 AM Pet Parade and Yappy Hour 5 PM Family on the Green 5 PM Slickrock Safari	Geocache Challenge 9 AM GeoQuest 1 PM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Seasonal Naturalist Presents 4:30 PM

Prime Rib Night 6 PM

**SATURDAY** 

# July

SUNDAY MONDAY TUESDAY WEDNESDAY

	1 Teens Power Yoga 1 PM	2 Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM	Golf Tournament Breakfast 8 AM Red, White, & Blue Golf Tournament 9:30 AM Venture Out Adventure Ladies Tennis Warm Up 9:45 AM Ladies Tennis 10:30 AM Tex-Mex Night 6 PM
7 ODC Explore Brunch at O&W's 10 AM-2 PM Sunday Supper in the Oak Room 5:30 PM	Men's Singles Tennis Club Championship 9 AM Junior Golf Week 9 AM Ladies' Doubles Tennis Club Championship 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM Teens Power Yoga 1 PM	Men's Singles Tennis Club Championship 9 AM Junior Golf Week 9 AM LGA 18 9 AM LGA 9 10 AM Ladies' Doubles Tennis Club Championship 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM	Venture Out Adventure Men's Singles Tennis Club Championship Finals 9 AM Junior Golf Week 9 AM MGA 9 AM Ladies' Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Swim Shuttle 11 AM Ladies' Doubles Tennis Club Championship 11 AM Junior Tennis Camp 1 PM Caribbean Night 6 PM
14 Brunch at O&W's 10 AM-2 PM Cardio Tennis 10 AM Hit and Be Fit Tennis	Aviation Experience for Kids 11 AM Teens Power Yoga 1 PM	16 LGA 18 9 AM LGA 9 10 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM	17 Venture Out Adventure MGA 9 AM Ladies Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM
11 AM		Slickrook Talk: Managing Knee Arthritis 4 PM Kid's Karaoke - Sunset Grille 6 PM	Kids Spa Day 1 PM, 3 PM Mountain Mixer 4:30 PM
	Yoga Experience Weekend Teens Power Yoga 1 PM Ping Pong Tournament for Kids 2:30 PM	Arthritis 4 PM	Cids Spa Day 1 PM, 3 PM Mountain Mixer 4:30 PM  24  Venture Out Adventure Mixed Doubles Championship 9 AM MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Skin & Hair Care 101 1 PM Seafood Extravaganza 6 PM

### THURSDAY FRIDAY SATURDAY

Independence Days Men's Tennis 9:30 AM Firecracker Parent/Child Tennis Tournament 2 PM July 4th Country Fair 4 PM Buffet 6 PM Clubhouse Dining Closed Petting Zoo	Java with Jay 10AM Independence Days Garden Market 10 AM Junior Naturalist 10 AM Fireworks Fun Fest 4 PM Buffet 6 PM Clubhouse Dining Closed	G ODC Explore Golf Tournament Breakfast 8 AM Red, White, & Blue Golf Tournament 9:30 AM River Trip Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Italian Night 6 PM
11 Junior Golf Week 8:30 AM Ladies' Doubles Tennis Club Championship Finals 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM Twilight Golf 4 PM	Java with Jay 10AM Garden Market 10 AM Junior Naturalist 10 AM Teens Mountain Arts Workshop 1 PM Family on the Green 5 PM Slickrock Safari Live Music by the Rockabilly's at 0&W's 6-9 PM	Grown-Up Nature Camp Saturday Morning Cartoons 9:30 AM Club Annual Meeting 10 AM Super Slime Session 10:30 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Garden Mixology 3:30 PM Eckert's Krazy Karaoke 6 PM
18 Men's Member-Guest Golf Tournament Men's Tennis 9:30 AM Kids in the Garden 1 PM 0&W's Closed - Tournament Dinner	Java with Jay 10AM Men's Member-Guest Golf Tournament Junior Naturalist 10 AM Garden Market 10 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 10:30 AM Coaching and Camp Counseling 1 PM Sip, Shop, Spa 2 PM	Yoga Experience Weekend Men's Member-Guest Golf Tournament Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM & Hit and Be Fit 11 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Nature Play 3 PM Fortnite Tournament 4 PM Clubhouse Dining Closed - Awards Dinner
25 Mixed Doubles Championship Finals 9 AM Kids in the Garden 1 PM Twilight Golf 4 PM	26 Java with Jay 10AM Junior Naturalist: Xtreme Adventure Garden Market 10 AM Writing for Success 1 PM Family on the Green 5 PM Slickrock Safari	Junior Naturalist: Xtreme Adventure Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Mystery Craft Challenge for Kids 1 PM Family Movie 2 PM Halloween in July 6 PM

## August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
4 ODC Explore	5 Teens Power Yoga 1 PM	G LGA 18 9 AM LGA 9 10 AM Men's Member-Member	7 Men's Member-Member Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM South African Night 6 PM
11	12	13 LGA 18 9 AM LGA 9 10 AM MountainTop Golf 4:30 PM	14 MGA 18 Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Mountain Mixer 4:30 PM
18	19 BAY Cup	20 BAY Cup	21 MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Chef's Wine Dinner 6 PM
25 Club Championship	<b>26</b> Pickleball Social 3 PM	27 LGA 18 9 AM LGA 9 10 AM	28 MGA 9 AM Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Mountain Mixer 4:30 PM

### THURSDAY FRIDAY

### RIDAY SATURDAY

Men's Tennis 9:30 AM Summer's Bounty: Garden Workday 9:30 AM Family Tubing Trip 10 AM Kids in the Garden 1 PM Twilight Golf 4 PM	<b>2</b> Garden Market 10 AM Teens Cooking Fresh Food Basics 1 PM	3 ODC Explore GeoQuest 10 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Back-to-School Crafts 1 PM Family Movie 2 PM Music with a View 6 PM
8 Men's Member-Member Men's Tennis 9:30 AM Clubhouse Dining Closed	9 Garden Market 10 AM Eckert's Krazy Karaoke 6 PM	Mt. Mitchell Picnic Hike 9 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM
15 Men's Tennis 9:30 AM Bella in the Garden 12 PM Twilight Golf 4 PM	16 Garden Market 10 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 10:30 AM Family on the Green 5 PM Live Music by the Rockabilly's at 0&W's 6-9 PM	17 GeoQuest 10 AM Couples' Club Championship Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM Dueling Pianos 6 PM
22 Men's Tennis 9:30 AM Twilight Golf 4 PM	23 Club Championship Garden Market 10 AM	24 Club Championship Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM Martinis & Jazz 6 PM
29 MAC Fund Auction Men's Tennis 9:30 AM Twilight Golf 4 PM	30 Garden Market 10 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 10:30 AM Family on the Green 5 PM Slickrock Safaral	31 Golf Tournament Breakfast 8 AM Labor Day Golf Tournament 9:30 AM Welcome Fall at Camp Chautauqua Eco-Ramble ODC Explore Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM Labor Day Party 6 PM

# September

SUNDAY	MONDAY	TUESDAY	WEDNES
ODC Explore Mixed Doubles Tennis Clinic & Social 10 AM	2	3 LGA 18 9 AM LGA 9 10 AM	4 MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Ryder Cup Pairings Party Clubhouse Dining Closed
8 Sunday Supper in the Oak Room 5:30 PM	9	10 LGA 18 9 AM LGA 9 10 AM	Parham Shootout Ladies' Tennis Warm U Ladies' Tennis 10:30 A Barcelona Tapas Night
15	16	Sadie Hawkins Tournament Celebration of Life	MGA Tournament of Cl Ladies' Tennis Warm U Ladies' Tennis 10:30 A Chefs Wine Dinner 6 F
22	23 Pickleball Social 3 PM	24 Ladies' Golf and Closing Luncheon 9 AM	Men's Golf and Closing 9 AM Ladies' Tennis Warm U Ladies' Tennis 10:30 A
29	30		

SDAY	THURSDAY	FRIDAY	SATURDAY
6 PM Pairings Party	<b>5</b> Ryder Cup Men's Tennis 10:30 AM	Ryder Cup Coffee & Chatting with Chad 10 AM Garden Market 10 AM Clubhouse Dining Closed - Awards Dinner	TECO-Ramble Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM
p 9:45 AM M 6 PM	Parham Shootout Men's Tennis 9:30 AM	13 Coffee & Chatting with Chad 10 AM	Pool Closed Fungi Foray 10 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM
iampions p 9:45 AM M M	Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>20</b> Flu Shot Clinic 1 PM	Airway-Fairway Tournament Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM Burgers, Brews & Boots 6 PM
Luncheon p 9:45 AM M	26 Men's Tennis 9:30 AM Twilight Golf 4 PM	27	Fall Wildflower Walk 10 AM Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM

# October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		MountainTop Golf 4:30 PM	2 Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Indian Night 6 PM
ODC Explore Mixed Doubles Tennis Clinic & Social 10 AM	Golf Course Aerification Pickleball Social 3 PM	8 Golf Course Aerification	S Ladies' Tennis Warm Up 9:45 AM Ladies' Tennis 10:30 AM Custom Wine Dinner 6 PM
13 GeoQuest 10 AM	14	15	16 Korean Barbecue Night 6 PM
20	21	22	23
27	28	29	30

THURSDAY	FRIDAY	SATURDAY
Men's Tennis 9:30 AM Twilight Golf Closing 4 PM	4	ODC Explore Cardio Tennis 10 AM MAPOA Town Hall Meeting 10 AM Hit and Be Fit Tennis 11 AM Family Movie 2 PM
10 Men's Tennis 9:30 AM	Fall Family Fun Fest on the Green 4 PM Chili Cookoff Slickrock Safari	Cardio Tennis 10 AM Hit and Be Fit Tennis 11 AM Cart Tour: Fall Faves 1 PM Family Movie 2 PM Oktoberfest 4 PM Buffet 6 PM
17	18 Lobster Night 6 PM	19 Fall Colors Picnic Hike 11 AM Family Movie 2 PM
24	<b>25</b> Prime Rib Night 6 PM	Family Movie 2 PM Halloween Party/ Last Night at 0&W's 6 PM
31		

## November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26 Geocache Challenge	27 Geocache Challenge Turkey Trot Nature Walk 10 AM

THURSDAY	FRIDAY	SATURDAY
	1 Dinner Social Kickoff 5:30 PM	Eco-Ramble Wild Theater: Spy in the Wild 12:30 PM Family Movie 2 PM
7	8 Dinner Social 5:30 PM	Ageless Spirit Retreat Wild Theater: Spy in the Wild 12:30 PM Winter Wonders Walk 1 PM Family Movie 2 PM
14	Natural Facts 4:30 PM Dinner Social 5:30 PM	16 Wild Theater: Spy in the Wild 12:30 PM Family Movie 2 PM
21	Geocache Challenge Dinner Social 5:30 PM	Geocache Challenge Linville Caverns Trip 9 AM Wild Theater: Spy in the Wild 12:30 PM Family Movie 2 PM
<b>28</b> Geocache Challenge Thanksgiving Grand Buffet 11 AM-2 PM	Geocache Challenge Gingerbread House Party 10 AM & 12 PM Brain Games 2 PM Pro Shop Wine & Cheese 3 PM Family Holiday Celebration and Village Tree Lighting 4 PM Italian Night 5:30 PM	Geocache Challenge Winter Wildlife Walk & Talk 10 AM Wild Theater: Spy in the Wild 12:30 PM Family Movie 2 PM Handmade Holiday Crafts 1 PM Prime Rib Night 6 PM

## December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24 Club Closes at 3 PM	<b>25</b> Club Closed Fitness Center Ope
29	30	31 New Year's Eve Dinner 6 PM	

,	THURSDAY FRIDAY		SATURDAY	
	5	6 Dinner Social 5:30 PM	7 Eco-Ramble Wild Theater: Our Planet 12:30 PM Family Movie 2 PM	
	12	13 Dinner Social 5:30 PM	14 Wild Theater: Our Planet 12:30 PM Family Movie 2 PM	
	19	<b>20</b> Dinner Social 5:30 PM	Wild Theater: Our Planet 12:30 PM Welcome Winter Walk 1 PM Family Movie 2 PM	
n	26	Natural Facts 4:30 PM Dinner Social 5:30 PM	28 Wild Theater: Our Planet 12:30 PM Family Movie 2 PM	





Burnsville, North Carolina www.mountainairnc.com • (828) 682-5600