# **MOUNTAIN AIR** 2018 CLUB CALENDAR







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## **BUSINESS CENTER**

The Business Center has everything you need to be productive so you can relax and have fun on the Mountain.

- Guest Registration
- Color Printing
- Photocopying
- Facsimiles
- Notary Services
- PC Workstation
- Postage
- Shipping Services

Charges are conveniently billed to your Member account.

Business Center Hours: Monday through Saturday, 9 AM–5 PM

## **GUEST REGISTRATION**

## Please register your guests at least 72 hours in advance.

A welcome letter from the Club and personalized guest cards will be available for pick-up at the Gatehouse upon arrival. To facilitate the inclusion of your guests in the 'welcome guests bulletin' displayed in our dining venues, a completed Guest Registration Form must be submitted prior to your guests' arrival. Thank you!

## **SOCIAL MEDIA**



www.mountainairmembers.com Phone (828) 682-5600 | Fax (828) 682-0311 P.O. Box 220 | 337 Clubhouse Drive Burnsville, North Carolina 28714





**Mountain Air Members** 





Mountain Air Country Club

## **Club Reservations** · 2 ways to make your reservations

## ONLINE

courts

Log in to our website at www.mountainairmembers.com to make reservations for: special events tee times lessons An email

## **CONTACT THE CLUB**

Call or email the Club to make reservations including **dining** at (828) 682-5600 or email memberservices@mtnaircc.com.

An email confirmation will be sent. Cancellation policies apply.

## **CLUB CONTACTS**

General Manager/CEO • Chad Becker • cbecker@mtnaircc.com Head Golf Professional • Chris Parham • cparham@mtnaircc.com Golf Course Superintendent • Shannon Peterson • speterson@mtnaircc.com Executive Chef • Taylor Montgomery • tmontgomery@mtnaircc.com Natural Resources Director • Kat Dunham • kdunham@mtnaircc.com Recreation Director • Gina Elrod • gelrod@mtnaircc.com Service Director • David May • dmay@mtnaircc.com Club Controller • Susan Lovell • slovell@mtnaircc.com Member Account Specialist • Sharyn Dunn • sdunn@mtnaircc.com Membership & Communications Director • Marley Knowles • mknowles@mtnaircc.com Business Center Manager • Bryan Vess • bvess@mtnaircc.com Executive Assistant to the GM/CEO • Frances Beraud • fberaud@mtnaircc.com

Business Center • (828) 682-5600 Pro Shop • (828) 682-4600 Chautauqua Activity and Fitness Center • (828) 682-4609 Outdoor Discovery Center • (828) 682-5600 ext. 54 Orville & Wilbur's Bar and Grill • (828) 682-5600 ext. 29 Mountain Market • (828) 682-7685 Lost Chimneys Learning and Performance Center • (828) 536-9905 Membership • (828) 682-1732

## **PROPERTY OWNERS' ASSOCIATION CONTACTS**

POA Administration • (828) 682-1578 Fax • (828) 682-7697 • mapoa.admin@mtairpoa.com Gatehouse Controlled Access • (828) 682-9202 Skyrunner • (828) 398-1553 • helpdesk@skyrunner.net

## Jining & Entertainment

Inspired by mountain living and the latest food trends, our culinary team creates exciting and seasonal menus at each dining venue. Executive Chef, Taylor Montgomery, uses fresh, locally grown ingredients whenever possible – sometimes hand-picked from the Community Organic Garden. Heart-healthy, gluten-free, and vegetarian options are available. Pair your meal with a selection from our wine list or choose a local craft beer. Your table with a view is ready!



### **ORVILLE & WILBUR'S BAR AND GRILL**

Casual, open-air dining with outdoor seating and long range mountain views featuring a selection of delicious sandwiches, tasty entrees, house-made soups, and an endless garden-fresh salad bar. Orville & Wilbur's serves breakfast, lunch, and dinner seasonally.

#### OAK ROOM

Upscale dining with a view in our award-winning Clubhouse offering a selection of meat, seafood, and vegetable dishes artfully prepared by our Chefs.

### SUNSET GRILLE ROOM

Casual fireside dining featuring the Oak Room menu. Denim and shorts permitted.

#### **UPPER BALSAM LOUNGE**

Casual Clubhouse dining and bar seating with stunning views of Roan Mountain and the Slickrock Village Green. Denim and shorts permitted.

### **CELO ROOM**

The perfect location for private dining, intimate dinner parties, business meetings, and small celebrations.

### LOWER BALSAM LOUNGE

A versatile space on the lower level of the Clubhouse and a gathering place for cards, games, and bridge instruction. Complimentary hot tea and coffee is always available.

### **MOUNTAIN MARKET**

A convenient option that provides delicatessen sandwiches, choice Boar's Head meats, fresh-brewed coffee, groceries, snacks, last minute necessities, and one-of-a-kind gifts.

## **ETHNIC CUISINE WEDNESDAY NIGHTS**

6-9 PM, Orville & Wilbur's Bar and Grill

#### FIESTA MEXICANA

#### June 13

Put on your biggest sombrero and join the fiesta! Enjoy marvelous Mexican food including tacos, enchiladas, and muy bueno margaritas.

### Asian

#### July 11

Tempt your palate with the diverse and distinctive flavors of Asia! Discover spicy, peanut, sesame, sweet and sour deliciousness.

#### STREET FOOD August 8

Come join us for an evening of global street foods. From pierogis to empanadas, enjoy tantalizing flavors from near and far.

#### MEDITERRANEAN

#### September 12

Experience unique flavors from northern Africa featuring Turkish and Moroccan cuisines. Savor lamb braised with exotic spices, tajines, sun-dried fruits, and more!

## INDIAN

#### October 3

Discover the authentic taste of Indian cuisine with delicious curries, basmati rice, naan, cucumber mint raita, and so much more.

#### ITALIAN PASTABILITIES October 17

Get ready for the sights, sounds, and aromas of the Italian countryside. Enjoy an innovative 'build-your-own' pasta station as well as other traditional regional dishes and Italian wine with family and friends!



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## Jining & Entertainment

## FRIDAY NIGHT DINNER SOCIALS

November – May \* 5:30 PM, Clubhouse

\*Dinner Socials will not be held on May 25 and November 23.

Friday Night Dinner Socials feature cocktails in the Upper Balsam Lounge and comfortable, fireside dining in the Sunset Grille Room. Gather with friends and neighbors for a relaxed cocktail hour at 5:30 PM followed by a hearty meal from a special menu.

## **PRIME RIB NIGHT**

#### Saturday, June 30, October 26 6 PM, Clubhouse

Slow roasted prime rib cuts are paired with buttery potatoes and fresh vegetables to make the perfect meal.

## **FAMILY ON THE GREEN**

#### 5-7 PM

Fridays, May 25, June 29, July 13, 27, August 31, October 5 (4 PM)

Fun for all ages! The Slickrock Village Green is the place to gather on Fridays after five! Listen to live music, play games, and enjoy cotton candy, popcorn, and lemonade. Get sticky making s'mores around the outdoor fire pit. *Complimentary.* 

## SUNDAY BRUNCH AT O&W'S

#### Sundays in July 10 AM-2 PM

A la Carte brunch featuring build-yourown omelet station, belgian waffles, and thick cut bacon along with other Orville and Wilbur's signature dishes.



Whole succulent live Maine lobsters

are the catch of the day! Feast on perfectly prepared whole lobsters.

LOBSTER NIGHT

Wednesday, July 25

Friday, October 19

6 PM. Clubhouse

## **ENTERTAINMENT DINNERS 6 PM**

#### **MUSIC WITH A VIEW**

Saturday, June 9 | Saturday, August 4 Clubhouse

Don't miss an elegant evening of beautiful music and chef inspired cuisine in the Oak Room.

#### **KRAZY KARAOKE**

Saturday, June 16 | Saturday, July 14 | Saturday, August 11 Orville & Wilbur's Witness MACC's finest singers in action while enjoying stunning views and dinner at Orville and Wilbur's Bar and Grill.

### **DUELING PIANOS**

#### Saturday, August 18 Orville & Wilbur's Sing along and enjoy dinner and a show! Hear the classic hits, pop tunes, and oldies but goodies played by two sharp-witted, talented pianists. The audience is the star of the show tonight!

### **MARTINIS & JAZZ**

#### Saturday, August 25 Clubhouse

Signature martinis, a fabulous meal, and live music make for a big time! Enjoy the sweet sounds of jazz played by outstanding musicians.

#### BURGERS, BREWS, AND BOOTS Saturday, September 22

Orville & Wilbur's

Burger specials, craft beers, and live country music. Break out your Stetsons and boots for a honkytonk night!



## Jining & Entertainment

## **SEASON GRAND OPENING EVENTS**

Don't miss these special dining events. Our culinary team will delight you with a sampling from our menus. Your table is set for excellence!

### TASTE OF ORVILLE & WILBUR'S

Monday, May 21 6 PM

Sample O&W's new menu featuring, some of MACC signature dishes. Enjoy mountain trout, hardwood smoked meats, and other kitchen creations. Come check out creative cooking techniques using locally farmed produce.

#### TASTE OF THE OAK ROOM Friday, May 25 6 PM

Sample the elegantly presented Oak Room menu featuring elevated Appalachian cuisine. Brasstown Beef, Spinning Spider Creamery, and Burnsville's Tractor Farms products will be used to showcase a truly farm-to-table menu concept.

## Member Mixers

#### Tuesdays, June 12 and August 21 4-5:30 PM

Mix and mingle with friends at Orville & Wilbur's Bar and Grill for complimentary passed hors d'oeuvres and drinks by signature.







## **MOUNTAIN MARKET**

The Mountain Market is where food and friends meet! We offer breakfast all day and an array of delicatessen sandwiches made with choice Boar's Head meats and cheeses. Grab a cup of fresh brewed coffee, cappuccino, or rich espresso. Enjoy a selection of craft beer and fine wine, groceries, necessities, and one-of-a-kind local gifts. The Market's outdoor veranda is the perfect place to enjoy your meal, connect to wi-fi, or catch up on a good book!

## TAKE & BAKE PIZZA

Wednesdays through Saturdays

Our culinary team creates homemade pizza for you – ready to take home and bake. Every 17-inch pizza starts with your choice of whole wheat or white crust, plenty of cheese, and choice of toppings. Pizzas come fully prepared on their own bake-and-serve trays! Order by noon, Wednesday through Saturday and pick up by 5 PM at the hostess stand in the Clubhouse.

## Private Events & Catering

Gatherings of family and friends are a proud tradition at Mountain Air. From weddings and lifetime celebrations, to intimate formal dinners and casual social gatherings, this is the perfect place to host an event that will leave your guests with a lasting impression. Our special events team works with you to design custom menus and create an unforgettable event from start to finish. We incorporate your ideas and favorite dishes to make your celebration a true reflection of your individuality!

Whether you need a quick pick-up tray for an at-home party or catering for a gourmet affair, we take care of the details to make your event truly memorable.

## COMMUNITY ORGANIC GARDEN

The Community Organic Garden has been thriving for more than a decade. Using sustainable and organic practices, the garden produces a bounty of fresh food for Members and guests. Our resident experts and gardening team plant heirloom and native vegetable and flower seeds to create a healthy environment for beneficial birds and insects. With successive planting and good agricultural practices, the garden produces each year for an extended growing season. There are many ways to get started growing food and flowers at Mountain Air.

## GARDEN EVENTS

#### COMMUNITY WORK DAY. SPRING PLANTING Thursday, May 17 • 9:30-11 AM

Get involved! Prepare beds for spring planting. Our Head Gardener leads the discussion on good agricultural practices for crop rotation and soil enrichment.

## GARDEN MIXOLOGY

Saturday, July 14 • 3:30-5 PM • Lodge Loft

Learn to incorporate fresh herbs and veggies into some favorite skinny cocktails.

#### COMMUNITY WORK DAY. SUMMER'S BOUNTY Thursday, August 2 • 9:30-11 AM

Harvest vegetables and assist with garden maintenance. Our Head Gardener leads the discussion on pest identification and safe methods for control.

## **BELLA IN THE GARDEN**

#### Thursday, August 16 • 12 PM • Chautauqua Front Porch

Linda Cucci, Club Member since 2007 and the 'Bella in the Kitchen', demonstrates cooking with fresh vegetables harvested from the Community Organic Garden. Learn easy tricks and flavorful combinations to create a garden-fresh meal. Small bites provided.

#### COMMUNITY WORK DAY. WINTER PREPARATION Thursday, October 11 • 9:30-11 AM

Ready the garden for the winter. Our Head Gardener leads the discussion on the best clean-up practices for the most productive spring.

For reservations, log in to the website, email recreation@mtnaircc.com or call (828) 682-4609.

## WEEKLY GARDEN MARKET

June 15 – September 21 • Fridays 10 AM-2 PM Chautauqua Activity and Fitness Center Porch

Shop local and buy organic. The weekly Garden Market features hand-picked seasonal vegetables, herbs, and flowers harvested directly from the Community Organic Garden and local farms. Charges for fresh produce are conveniently billed to your Member account.





## SIGNATURE HOLIDAY EVENTS









## 4TH OF JULY CELEBRATION

Wednesday, July 4

Celebrate the U.S.A. in red, white, and blue during the biggest event of the season! Enjoy festivities around the Slickrock Village Green and food, fireworks, music, and dancing on the runway.

**4-8 PM, Slickrock Village Green** DJ music, bounce houses, face painting, and games

**6 PM, Runway** Food trucks and an all-American dinner

**7-11 PM** Dancing and live music

**Dusk** Fireworks at dusk with DJ music

## RED, WHITE, & BLUE GOLF TOURNAMENTS

**Tuesday, July 3** • **Thursday, July 5** Celebrate America the Beautiful on our one-of-a-kind mountaintop golf course! Wear your brightest red, white, and blue for the boldest golf event of the season.

8 AM Breakfast 9:30 AM Shotgun start

## PET PARADE & YAPPY HOUR

#### Friday, July 6 • 5 PM

Gather at the Bell Tower for the ever-popular Pet Parade! Dress your pet in costume, show us your best tricks, and check out four legged friends up for adoption. VALENTINE'S DINNER SOCIAL Friday, February 16 • 5:30 PM

EASTER GRAND BUFFET Sunday, April 1 • 11:30 AM & 1:30 PM

MOTHER'S DAY DINNER SOCIAL Friday, May 11 • 5:30 PM

MEMORIAL DAY WEEKEND WELCOME HOME KICKOFF PARTY Saturday, May 26 • 6 PM

FATHER'S DAY LUNCH Sunday, June 17 • 11 AM - 3 PM

**4TH OF JULY CELEBRATION** Wednesday, July 4 • 4 PM

LABOR DAY PARTY Saturday, September 1 • 6 PM

FALL FAMILY ON THE GREEN Friday, October 5 • 4 PM OKTOBERFEST Saturday, October 6 • 4 PM

HALLOWEEN PARTY & LAST NIGHT AT 0&W'S Saturday, October 27 • 6 PM

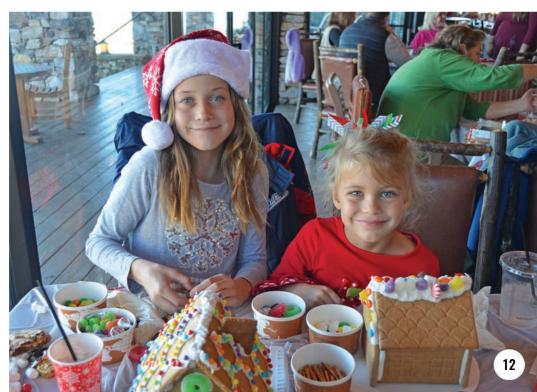
THANKSGIVING GRAND BUFFET Thursday, November 22 • 11 AM-2 PM

**GINGERBREAD HOUSE PARTY** Friday, November 23 • 10 AM & 12 PM

FAMILY HOLIDAY CELEBRATION AND VILLAGE GREEN TREE LIGHTING Friday, November 23 • 4-6 PM

HOLIDAY BUFFET Friday, November 23 • 5:30 PM

**NEW YEAR'S EVE PARTY** Sunday, December 31 • 7 PM



## OutdoorDiscoveryCenter M ...

## **OUTDOOR DISCOVERY AT MOUNTAIN AIR**

Mountain Air is celebrated for its breathtaking, long-range views of the world's oldest mountains. In-house naturalists explain the big vistas, as well as the wonders that are right at our feet, so you can find your niche in the mountain landscape.

## NATURALISTS

Resident Naturalist, Kat Dunham, and her enthusiastic team of mountain experts are Mountain Air's private park rangers. You never know what you may see on one of their guided walks, and they are ready to talk about any flora or fauna that catches your eye. Whether your nature questions are about animals, plants, trail maps, or our Outdoor Discovery Center exhibit animals, the naturalists are as eager as you to find the answers.

Possibilities as diverse as our wildlife and as vast as our views...



# Welcome to the neigh-bear-hood

Mountain Air is committed to keeping all of its wild neighbors wild. Residents, employees, and even contractors conscientiously follow "Bear Smart" guidelines for safety, and to ensure that local black bears stay healthy and shy. The many wildlife species that share Slickrock Mountain are naturally afraid of humans. By not approaching, feeding or trying to touch them, we humans let them keep their comfortable distance and ensure that there is plenty of room for everybody.

## YEAR-ROUND NATURE PROGRAMS

Here are a few of the ways Mountain Air's nature team can help you learn, play, and explore outdoors:

#### Nature on the Calendar

Weekly naturalist walks, workshops, astronomy programs, and adventure trips are listed on Mountain Air's Calendar of Events. Unless otherwise noted, these naturalist-guided programs are open to members and guests of all ages.

#### **Adventure on Demand**

Naturalist-prepared and ready when you are, these ongoing outdoor activities are designed for you and your family to enjoy at times convenient to you. Information and supplies are available at the Outdoor Discovery Center (ODC).

• **Tracker Packs:** Backpacks full of nature gear and fun activities to get kids closer to nature. Available for 24-hour rental starting at Easter.

• **Nature Trail:** A self-guided interpretive walk along Mountain Air's highest ridgetop. Pocket brochures that bring the designated trail stations to life are available at the ODC starting Memorial Day weekend.

• **Geocaching:** A high-tech, outdoor treasure hunting game using GPSenabled smartphone apps. The Nature Team changes Mountain Air's course seasonally, and hosts special geocache events over designated holidays.

#### Nature Your Way

Personalized, guided nature walks and workshops for individuals and adults. Pick up a menu at the ODC.



## OutdoorDiscoveryCenter Ma

## NATURALIST WALKS

Lesisurely nature discovery walks, right here on Slickrock Mountain.

WINTER WONDERS WALKS Saturday, January 13 Saturday, February 17 Saturday, December 8

**SPRING FLING NATURE WALK** Saturday, March 24

WILDFLOWER WALKS Saturday, April 14

Saturday, May 19

#### **EARLY BIRD WALKS**

Saturday, May 19 Saturday, September 1

**MEET THE NEW NATURE TRAIL** Saturday, May 26

NATURE TRAIL WALKS Saturday, June 16 Saturday, September 29

**FUNGI FORAY** Saturday, September 15

FALL COLORS PICNIC HIKE Saturday, October 20

**TURKEY TROT NATURE WALK** Wednesday, November 21

## **REGIONAL RAMBLES**

Nature-themed outings to events and destinations in and around western North Carolina.

#### **BIRDS AND BREAKFAST**

Saturday, February 3 Saturday, March 3 Saturday, April 7 Saturday, December 1

**SEASON KICKOFF HIKE** Monday, May 28

**FRENCH BROAD RIVER TRIP** Saturday, July 21

**GRANDFATHER MOUNTAIN PICNIC HIKE** Saturday, August 4

ALTAPASS ORCHARD TRIP Saturday, October 13

**LINVILLE CAVERNS TRIP** Saturday, November 24

#### **ADVENTURE ON DEMAND**

Ongoing, year round, ready when you are. Tracker Packs Nature Trail Geocaching

## NATURE YOUR WAY

Personalized nature programs and outdoor adventures.

## **NATURAL HAPPENINGS**

Fun, hands-on lessons and activities about various flora, fauna, and outdoor recreation topics.

#### ASTRONOMY

Afternoon Moon Saturday, January 20 NC Star Party

Saturday, April 21 Meteor Shower Astronomy Saturday, August 11

**SONGBIRD CELEBRATION** Saturday, May 12

**CART TOUR: WILDFLOWERS** Friday, June 1

WILDLIFE LIVE Tuesday, July 3

**GROWN-UP NATURE CAMPS** Saturday, June 23 Saturday, August 18



## **KIDS & TEENS**

WALK ON THE WILD SIDE

## **NO PARENTS ALLOWED**

NATURE PLAY (AGES 5-8) Saturday, June 9 Saturday, July 14 Saturday, August 11

#### JR. NATURALIST (AGES 8-12)

Friday, July 6 Friday, July 13 Friday, July 20

## JR. NATURALIST XTREME ADVENTURE: OVERNIGHT AT ROAN MOUNTAIN

Friday and Saturday, July 27 -28

## **VENTURE OUT ADVENTURES (AGES 12-17)**

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Saturday, July 7 Wednesday, July 11 Wednesday, July 18 Wednesday, July 25

Most nature programs are designed for all ages to enjoy. In addition to "Venture Out Adventures", teenagers are welcome to attend programs on their own with written permission from their guardian, and at the descretion of the Natural Resources Director.



## OutdoorDiscoveryCenter M ...

## ODC EXPLORE

Themed special exhibits in the ODC. Designed as drop-in events with interactive activities and information. One weekend a month, April – October.

WEATHER

Saturday and Sunday, April 27 - 28

TRACKER PACKS Saturday and Sunday, May 26 - 27

LEAVE NO TRACE Saturday and Sunday, June 2 - 3

**NATURE TECH** Saturday and Sunday, July 7 - 8

**FLOWERS FOR THE BIRDS** Saturday and Sunday, August 4 - 5

MIGRATION Saturday and Sunday, September 1 - 2

**SKULLS & SKINS** Saturday and Sunday, October 6 -7

## OUTDOOR DISCOVERY CENTER

The Outdoor Discovery Center (ODC) is a year-round, indoor nature walk, a private resource center, and your gateway to all kinds of fun in the mountains. The ODC Nature Team is always happy to answer your wildlife questions, register you for upcoming nature programs, explain our Adventure on Demand activities, or offer guidance to outdoor recreation activities throughout the region. They constantly update their list of carefully vetted adventure partners, so you don't have to guess which outfitter to use.

Whether you need a simple referral, or customized maps, directions, or information, the Nature Team is ready to help. Wherever the trail takes you, to a mountaintop, river, or zipping through the air, you're likely to find them as excited as you are about your next outdoor adventure!

## NATURAL FACTS

Interactive, multi-media presentations by Kat Dunham, resident naturalist. Topics are drawn from member suggestions. Held the 3rd Friday of each month, November - April, before the Friday Night Dinner Socials, with two bonus talks in the summer. *Complimentary.* 

Friday, January 19 Friday, February 16 Friday, March 16 Friday, April 20 Saturday, June 30 Friday, August 3 Friday, November 16 Friday, December 14

## WILD THEATER SATURDAYS

Larger-than-life nature on Slickrock Cinema's big screen. A different, award-winning series each month: Ken Burns National Parks, BBC-Human Planet and Blue Planet, Cosmos, and IMAX Wildlife. Most Saturday afternoons at 12:30 PM, November - March. *Complimentary.* 

January 6, 13, 20, 27 Feburary 3, 10, 17, 24 March 3, 10, 17, 24 November 3, 10, 17 December 1, 8, 15, 22, 29

## CAMPFIRE TRIVIA AROUND THE S'MORES FIRE DURING FRIDAY FAMILY ON THE GREEN

May 25 June 29 July 6, 13, 27 August 31 October 5

## WILD NEIGHBORS

Mountain Air's wildlife sightings list includes groundhog, wild turkey, red squirrel, opossum, bobcat, black bear, and a wide variety of songbirds, raptors, and salamanders. Our wildflower list is just as impressive!





White-tailed Deer

Eastern Screech-owl





Red-spotted Newt

Bobcat





American Black Bear

## **COMMUNITY PARKS & TRAILS**

## PARKS

Mountain Air offers the sanctuary of six unique parks that provide outdoor seating, tables, and cooking facilities for large celebrations or intimate parties. The community parks were designed to reflect the character of the neighborhoods in which they are located. The parks are adorned with unique highlights such as campfire rings, swings for all ages, picnic areas, yoga platforms, natural playscapes, covered pavilions, and a treehouse, water wheel, screened-in gazebo, and boardwalk.

#### **BOULDER PASS PARK • CREEKSIDE PARK • HAWKS LEDGE PARK HEMLOCK PARK • HERITAGE RIDGE PARK • SPRING ROCK PARK**

## HIKING TRAILS

The three trail systems at Mountain Air showcase the beautiful contrasts of mountain ecology. Throughout the year, the 1,400 foot elevation change between the Ridgetop and Creekside trail systems allows for seasonal sneak peaks and delayed replays of blooming wildflowers, fall colors, and all sorts of weather wonders.

In addition to an abundance of wildflowers and wildlife, Mountain Air's Ridgetop, Mossy Branch, and Creekside trail systems feature a conservation easement, campsites, built-in benches, scenic overlooks, fire rings, picnic areas, and 16 trailheads for easy access from all over the Mountain. From dramatic views of nearby Mount Mitchell, to an ever-changing display of wildflowers, ferns, and mushrooms, seven miles of well-blazed trails are sure to delight every hiker and nature lover.

> For information, log in to the website, email naturecenter@mtnaircc.com, or call (828) 682-5600 ext. 54.

## **LEAVE NO TRACE**

Leave No Trace is a national program that builds awareness, appreciation, and respect for America's natural areas and public lands by teaching minimum impact skills. Mountain Air's Department of Natural Resources supports our National Parks and Forests in the effort to make Leave No Trace the common language for all outdoor enthusiasts. These valuable wilderness ethics help us to preserve the natural beauty of Slickrock Mountain for current and future generations of Mountain Air members.

Leave No Trace is a simple set of principles that can be applied in any natural setting. They encourage us to take only pictures and leave only footprints. Stop by the ODC for more information about Leave No Trace.









## **CAMP CHAUTAUQUA** (AGES 5-12)

#### All Summer: June 18 - August 12 Saturday, May 26 Saturday, September 1 10 AM-4 PM

Participate in mountain-focused fun led by adult counselors. Camp Chautauqua is offered daily by reservation. A flexible, pay-by-the-hour system allows parents to plan their summer days with ease while the kids enjoy treasure hunts, games, hiking and nature activities, organic gardening, sports skills development, science experiments, cooking, arts & crafts, and more. Please make reservations at least 24 hours in advance. Other dates may be available.

## **CHAUTAUQUA CHILD CARE** (AGES 4 AND UNDER)

The Chautauqua team can help with babysitting services for one-on-one supervision for little ones during Camp Chautaugua hours (10 AM-4 PM) or in your home.

### **CAMP CHAUTAUQUA WEEKLY THEMES**

WELCOME SUMMER Saturday, May 26

NATURE ADVENTURE June 18 - 24

**OUTER AND INNER SPACE EXPLORATIONS** June 25 - July 1

AMERICA THE BEAUTIFUL July 2 - 8

**ALL STAR SPORTS** July 9 - 15

#### **MOUNTAIN FUN**

July 16 - 22

SILLY SCIENCE July 23 - 29

FARM LIFE July 30 - August 5

**GREAT GARDENS** August 6 - 12

#### **OCEAN APPRECIATION** Saturday, September 1

Camp Chautauqua and other Mountain Air drop-off child care offerings for children ages 5 and older operate in accordance with state law and are on-file with the NC Department of Health and Human Services.



#### KIDS IN THE GARDEN (AGES 5-12) Thursdays, May 31 - August 9\* 1-2:30 PM

Plant seeds, pull weeds, and best of all, enjoy garden-fresh food. Our Gardener shows kids why gardening is fun. \* Kids in the Garden will not take place on July 12.

#### NATURE PLAY (AGES 5-8) Saturdays, June 9, July 14, August 11 3-4 PM

Enjoy fort building, tadpole catching, interactive art, and more during afternoons of naturalist-led outdoor fun. Perfect for your youngest nature-lovers and their friends. The naturalists bring supplies, safety, and ideas; kids' imaginations take it from there!

#### FITNESS FUN FOR KIDS (AGES 5-12) Tuesdays, June 19, 26, July 3, 17, 24, 31, August 7 2:30-3:30 PM

Get moving and get stronger with active games and drills. Coach Anthony Silvers makes working out fun and effective. Discover the fun in the fundamentals of fitness. Build body awareness through working on balance, flexibility, hand/foot eve coordination, and strength.

#### **CRAFT CHALLENGE (AGES 5-12)** Saturdays, June 23 - August 4 2:30-3:30 PM

A mystery bag of supplies is provided and the clock is ticking; let the creativity begin!

## JR. NATURALIST (AGES 8-12)

Fridays, July 6, 13, 20

Hands-on science and good muddy fun! Junior Naturalist is a nature-based day camp that emphasizes mountain animals, plants, and ecosystems as well as outdoor skills and safety. The schedule and curriculum are designed to accommodate busy families, so children may attend as few or as many sessions as desired.

### JR. NATURALIST XTREME **ADVENTURE: OVERNIGHT AT ROAN MOUNTAIN (AGES 8-12)**

Friday and Saturday, July 27-28

#### **INTERNATIONAL CHILDREN'S STORIES, A PARKWAY PLAYERS READER THEATER PRESENTATION** (AGES 5-12) Thursday, July 5 3:30-4 PM

Enjoy a rollicking fun presentation of "The Magic Brocade: A Tale of China" and "The Princess Mouse" for kids and the young-at-heart. The Parkway Players, a reader's theater troupe, is comprised of local seniors who create characters. collaborate with their peers, and perform well-rehearsed pieces with script in hand.

#### HALLOWEEN IN JULY (AGES 5-12) Saturday, July 28 6-7:30 PM

Spooky crafts, crazy costumes, frighteningly fun activities, and Trick-or-Treating—Mountain Air style!

#### **BACK-TO-SCHOOL CRAFTS** (AGES 5-12) Saturday, August 4 1-2 PM

Get creative before classes begin. Choose from lots of fun ideas to boost your imagination and create special works of art to take home.



## **KIDS & TEENS**

## TEENS

#### 2ND ANNUAL PING PONG TOURNAMENT (AGES 5-17) Monday, July 23 2:30-4 PM

Prizes and bragging rights are at stake! Make reservations by Sunday, July 22.



#### VENTURE OUT ADVENTURES (AGES 12-17) Saturday, July 7 Wednesdays, July 11, 18, 25

Venture Out is a summer series for tweens and teens who enjoy outdoor adventures and the wilder side of the mountains. Each day is an expedition to a different trail or river.



#### JUNIOR GOLF WEEK (AGES 5-16) Monday, July 9 – Thursday, July 12 9 AM

Junior Golf Week is a fun, educational environment for aspiring players. This is a great way to learn fundamentals, golf rules and etiquette, and receive on-course instruction. The Junior Golf Tournament is played on Thursday, July 12 at 8 AM with a parent-child cookout to follow.

## **SWIM SHUTTLE**

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#### Monday, July 9 – Thursday, July 12 11 AM-1 PM

Catch the Camp Shuttle! Junior Golf Week participants can get transported from Lost Chimney's Learning and Performance Center to Chautauqua for a poolside lunch and supervised swim before heading to the courts for Junior Tennis Camp.

## **JUNIOR TENNIS CAMP (AGES 5-16)**

#### Monday, July 9 – Thursday, July 12 1-3 PM

Designed for aspiring tennis players who want to take it to the next level, Junior Tennis Camp is a fun way to practice scoring, stroke fundamentals, and court strategy. Head Tennis Professional, Kristin Munn-Whaley, strives to challenge young players of all abilities in the areas of technique, fitness, and mental strategy with an emphasis on fun. Practice match competition in a

### PARKWAY PLAYHOUSE THEATER WORKSHOP (AGES 13-17) Thursday July 5, 10 AM-12 PM

Theater helps build confidence and public speaking skills. Enjoy a special behind-the-scenes-tour of Burnsville's historic Parkway Playhouse. Discover how props and sets help an audience suspend belief to enjoy a story.

### JUNIOR SPA (AGES 13-17) Tuesday, July 24, 1-3 PM

For centuries, spas have been a proven method of self-care and relaxation. When you spa with friends, it can be even more fun! Gather in a relaxing spa environment to unwind and enjoy what spas have to offer.

#### NUTRITION FOR YOUNG ATHLETES (AGES 13-17) Tuesday, July 31, 3-4 PM

Food is fuel! Gain expert advice on what to eat and when to eat it, for the best physical performance. Professional nutritionist, Natasha Bowden, delves into the research behind feeding your body, while Chef Taylor and his team prepare tasty food samplings from the Community Organic Garden and area farms.

#### CULINARY IPHONEOGRAPHY CHALLENGE (AGES 13-17) Saturday, August 4, 1-3 PM

Take on Chef Taylor's farro challenge and photo-document your creative work to win prizes! This contest is all about presentation. Everything you need to create a delicious dish using this ancient grain is provided. Debi Attorri, Club Member, former news anchor, and iPhone enthusiast will be present to help maximize the functionality of an iPhone camera.

#### STRENGTH TRAINING FOR YOUNG ATHLETES (AGES 13-17) Tuesdays, June 19, 26 July 3, 17, 24, 31 and August 7, 1-2 PM

Take your game to the next level. Anthony Silvers, owner of Small Town Fitness, offers expert advice and proven techniques to build strength and stamina efficiently. Anthony has a proven track record of helping people improve their physical health. He has expertise in working with students and helping people of all ages lose weight, gain strength and achieve their personal fitness goals.

## POWER YOGA (AGES 13+)

#### Mondays, June 18, 25, July 2, 9, 16, 23, 30, and August 6, 1-2 PM

An intermediate-advanced yoga class designed for those who want to gain strength and flexibly. Youth athletes 13 and older are encouraged to attend!

## THANKSGIVING WEEKEND

### SAVORY AND SWEET TREAT STUDIO (AGES 13-17) Wednesday, November 21 2-3 PM

Chautauqua provides the ingredients, teens create snacks to take home and share with their families.

#### BRAIN GAMES (AGES 13-17) Friday, November 23 2-3 PM

Challenge your brain! Movement coupled with memory recall helps train the brain to retain - and it's fun! Enjoy a variety of activities for individuals and small groups.

## **Family Fun**

### Fun for the whole family! Kids under 12 must be accompanied by an adult.

## **SWIMMING POOL**

A popular hangout for families, the heated outdoor pool (84 degrees) is fun and refreshing! Catch some shade under the umbrellas while watching the planes take off! Delight in poolside food and beverage service from Orville and Wilbur's while enjoying spectacular long-range mountain views.

## **SLICKROCK CINEMA**

Our 20-seat, state of the art theater features a Blu-ray DVD player, projector, and surround sound. We offer Netflix on demand plus a wide selection of DVDs to view at Slickrock Cinema or to rent and take home. Let us know in advance if you want to watch a flick! There's also a movie featured every Saturday at 2 PM. Admission includes fresh-popped popcorn!

## **GAME ROOM**

Kids of all ages can enjoy the Game Room at Chautauqua Activity and Fitness Center. Gather for a game of pool, ping pong, air hockey, or old-school video Pac Man. Toys, books, and two computers with filtered internet access and PS2 & PS4 gaming are also available for play. Check out the vintage juke box and television set!

## CHAUTAUQUA ROOM

A haven for the little folks, the Chautauqua Room features a giant indoor tree and swing, an amazing craft closet loaded with supplies, and tons of great books and games!

From young to young-at-heart, Family Fun Events bring everyone together for quality time on the Mountain. Kids, bring your own adult.

## **TINY TOTS PLAY DATES**

#### Saturday, June 2 Saturday, August 18 10:30 AM

Parents and grandparents accompany tots ages 2-4 in the Chautauqua Room for playtime, games, and crafts.

## SATURDAY MORNING Cartoons

#### Saturdays in July 9:30 AM • Ages 5-12 Watch cartoons on the big screen in

the Slickrock Cinema! Complimentary.

## **KIDS KARAOKE**

Tuesday, July 17 • 6 PM Orville & Wilbur's

Take the stage and sing your favorite hits at Kids Karaoke, the best chance to perform on stage with lights. Crank up the volume and let your talent shine!

### BACK-TO-SCHOOL CRAFTS Saturday, August 4 • 1 PM • Ages 5-12

Get creative before class! Choose from a variety of fun ideas to boost your imagination and create special works of art to take home. Supplies are provided.

## **Special Family Holiday Events**

MY CRAFTY VALENTINE Saturday, February 10 1 PM

EASTER FUN & EGG HUNT Saturday, March 31 1:30 PM

MOTHER'S DAY CRAFT WORKSHOP Saturday, May 12 1 PM

### **DEAR DAD CRAFTS**

Saturday, June 16 1 PM

PET PARADE & YAPPY HOUR FAMILY ON THE GREEN Friday, July 6 5 PM

4TH OF JULY CELEBRATION Wednesday, July 4 4 PM

#### FALL FAMILY FUN FEST ON THE GREEN Friday, October 5

4 PM

GINGERBREAD HOUSE PARTY Friday, November 23 10 AM & 12 PM

FAMILY HOLIDAY CELEBRATION AND VILLAGE GREEN TREE LIGHTING Friday, November 23 4 PM

## HANDMADE HOLIDAY CRAFTS

Saturday, November 24 2:30 PM







## Fitness & Wellness

## SPA TOHI

Stay fit for life with our comprehensive wellness programs and workshops. Group fitness classes including yoga and Tai Chi, personal training, high-elevation hikes, and a supportive community help you stay active.

Mountain Air's Fitness Center includes a selection of strength and cardio equipment. To complement your workout, cardio machines have personal viewing screens with options for television. Internet browsing, and more. The aerobics studio with floor-to-ceiling mirrors and windows provides open space for free weights, mat work, and functional training.

Personalized Fitness Training Certified Personal Trainers lend support, teach effective techniques, and motivate you while achieving your fitness and wellness goals. Long-time Fitness Trainers Memmy Staber, loe Grebenor, and Gina Elrod are joined by new professionals in 2018 for added fitness options. Watch for details.

## Focus on Fitness

#### Saturdays, January 13, February 10, March 10, and April 14 10 AM

Director of Recreation and Fitness Instructor, Gina Elrod, teaches effective techniques using body weight. Learn a full-body workout that can be done anywhere. Handouts with notes provided.

## Yoga Experience Weekend

#### Kickoff Discussion Friday, July 20 • 2-3 PM • Slickrock Cinema Saturday, July 21 - Monday, July 23

Delve into the benefits of yoga during the Yoga Experience Weekend with certified guest yoga instructor, Dr. Greta Keiper-Blake. Enjoy a kickoff discussion on Friday follwed by a variety of yoga classes throughout the weekend such as Gentle Vinyasa and Power Yoga.

Sip, Shap, Spa Friday, July 20 3-5 PM

This fun-filled afternoon on the Mountain features local vendors and their products including handcrafted jewelry, pottery, beauty care products, clothing, and home accessories. Enjoy refreshments, craft cocktails, mini spa treatments, and spa product samples! Spend a relaxing afternoon on the Slickrock Village Green with the wellness team!



TOHI (toh-hee)

- 1. The Cherokee word for peace.
- 2. Harmonious unity of body, mind, and spirit.

#### **OUR FACILITY**

#### FALLING LEAF LODGE

- Spa Tohi Room
- Mind-Body Lodge Loft
- Outdoor porch with mountain views

#### **CHAUTAUQUA**

- Spa Chautaugua Room
- Nail Studio
- Stretching Room
- Steam Room and Dry Saunas
- Locker Rooms with Amenities
- Outdoor Hot Tub and Heated Pool

#### **CANCELLATION POLICY**

Cancellations made less than 24 hours before a service will result in full charge.

For reservations, log in to the website, email recreation@mtnaircc.com or call (828) 682-4609.

#### INTEGRATIVE MASSAGE

Your therapist will vary techniques depending on your requests. From relaxing Swedish techniques to deep tissue work or reflexology. this combination of modalities will create a completely customized session. Enjoy therapy for tension relief, sports, and movement related improvements.

We use organic Jojoba oil infused with essential oils by Young Living.

#### SIGNATURE FACIAL

A customized, deep pore-cleansing treatment, dermafoliant, and an eight greens phyto masque rich in antioxidants, firms and hydrates skin. Recommend for all skin types.

MANICURE PEDICURE FRENCH TIPS



Choose a soothing cuticle soak, shaping of natural nails, relaxing hand or foot massage, and optional choice of Dazzle Dry nail laguer.

Dazzle Dry dries rock hard in five minutes without the use of UV or LED light. It is the only vegan, hypoallergenic, non-yellowing nail polish system that is also a natural nail enhancer and free of formaldehyde. Dazzle Dry performs like gel, but does not require acetone soaking for removal.





Engage your brain. Compelling and inspiring presentations on a variety of subjects. Complimentary, reservations required.

## Mind of a Mountain (hef

### Friday, February 2 • 4:30-5:30 PM • Slickrock Cinema

Executive Chef Taylor Montgomery shares his story about life in the kitchen and gives insider information about the evening's menu. Chef Taylor compares and contrasts his creative culinary process with those showcased in the selected episode of the award-winning PBS series, Mind of a Chef. Narrated by Executive Producer, Anthony Bourdain, the series features some of the best and brightest culinary minds; combining cooking, travel, history, humor, art, and science into a cinematic journey.

## An Introduction to Tai (hi

#### Tuesday, May 15 • 4:30-5:30 PM • Fitness Center Studio

Intrigued by the Tai Chi buzz? A nationally recognized and certified Tai Chi master, 5th Degree Kenpo Black Belt, and proficient instructor, Club Member, Bill McLaughlin, has spent a lifetime exploring and sharing the practice's benefits. Mr. McLaughlin has achieved high ranking in many forms of martial arts, but loves Tai Chi for life-long strength and flexibility. Learn ways to improve balance, strength, flexibility, mind-body connection, and stress reduction. Along with covering the 24-Form Yang style, Mr. McLaughlin introduces a real world, intuitive method of self-defense based on Tai Chi movements.

## The History of Mountain Air

### Tuesday, May 29 • 4:30-5:30 PM • Members Lounge

Gina Elrod, Recreation Director, gives a look back at the 27-year history of Mountain Air. Come early to see a few pieces from the original developer's private collection of memorabilia and scrapbooks. Learn more about the history, our home on Slickrock Mountain, and highlights of the art and architecture around the Village Green.

## The Lighter Side of Golf

## Friday, June 1 • 4:30-5:15 PM • Members Lounge

Take a lighter look at the game of golf! Through jokes, poems, and other shenanigans, the Parkway Players will make you smile next time you hit the links. The Parkway Players, a reader's theatre troupe, comprised of local seniors who create characters, collaborate with their peers, and perform well-rehearsed pieces with script in-hand.

## New and Improved iPhoneography

### Tuesday, June 8 • 4:30-5:30 PM • Slickrock Cinema

Apple is taking photos and movies to a new level. This fun workshop showcases the new tricks, especially the easiest to remember right when you need them. Learn set-up and editing techniques that will turn your photos into works of art. Bring your updated iPhone with some of your favorite images and learn to make enhancements and share! Presented by Debi Attorri, Club Member, former WSOC-TV9 Charlotte news anchor, photography teacher, and iPhone enthusiast. **30** 

## God, Country and Golf: Reflections of an Army Widow

#### Tuesday, June 12 • 4:30-5:30 PM • Members Lounge

Captain Wesley Bauguess, an Army veteran, Army widow, and lifelong golfer joins us as the keynote speaker at Mountain Air's Folds of Honor golf event and to talk about her new book.

## 2018 Midterm Elections - A tidal wave or a whimper?

#### Tuesday, June 26 • 4:30-5:30 PM • Members Lounge

2018 is the year of the midterm election cycle. What are the indicators to watch as the election moves into the fall campaign? During her 30-year career, Club Member, Becky Schmidt spent her career working with Congress. Learn more from Mrs. Schmidt who is currently on the Board of Directors of the Georgetown Government Affairs Institute and lectures on Congress.

## Evolution of the Decoy-Aunting Tool to Fine Art Sculpture

#### Friday, July 10 • 4:30-5:30 PM • Members Lounge

Enjoy an insider's look into Louisianan culture through the transition of duck decoys over history. This unique art form began and remains a hunting tool, but has since developed into museum-quality fine art. Club Member, Harvey Lewis, moved from Houston to New Orleans in 1961 with his wife Gail, where they have lived ever since. A duck hunter since childhood, Mr. Lewis began collecting decoys over 40 years ago and has written several magazine articles and a book on duck decoys. Come early to see a few pieces from Mr. Lewis' private collection including a life-sized hunting decoy. Head down south with Mr. Lewis and understand his vision to preserve decoy carving as a part of the rich cultural heritage of this unique region.

## Elevate Your Yoga Experience Kickoff Discussion

#### Friday, July 20 • 2-3 PM • Slickrock Cinema

Delve into the benefits of a yoga practice with Dr. Greta Keiper-Blake. Enjoy a sampler of yoga classes throughout the weekend of Friday, July 20 - Monday, July 23. From Gentle Vinyasa to Power Yoga, infuse your time on the Mountain with rest and recovery. Guest Instructor, Dr. Blake earned her 200-Hour Yoga Instructor Training through Evolution Power Yoga of Lancaster, PA. She is also a Group Fitness Instructor and currently teaches Fitness and Yoga in Madison and Buncombe counties.

## The Nose Knows

#### Tuesday, July 24 • 4:30-5:30 PM • Slickrock Cinema

Allergies, sinusitis, polyps, nosebleeds, oh my! Learn practical tips garnered from a 34-year career of Ear, Nose and Throat Surgeon, Dr. Trevor Goldberg. After medical school in South Africa and residency in Boston, MA and Charlottesville, VA, Dr. Goldberg worked in private practice in Charlotte, NC before retiring in 2015. Club Member, and full- time resident since retirement, Dr. Goldberg shares information on good health practices, medications to try, and those to avoid.



## What is this World Coming To?

#### Tuesday, August 7 • 4:30-5:30 PM • Members Lounge

The world situation has returned to something similar to that of the 1800's. Nationalism is again on the rise, with growing competition for hegemony, resources, and economic power. Ideology is the new force seeking to gain control and influence. Duane Cassida is a Burnsville native, retired in 2012 after an exciting and challenging 28-year career as a US Air Force intelligence officer and diplomat. Mr. Cassida will delve into why the Cold War was an aberration, and how technology influences foreign affairs. Also, possibly the most compelling, what are the best US strategies for fighting radical Islam?

## Bella in the Garden

#### Thursday, August 16 • 12 -1 PM • Chautauqua Front Porch

Linda Cucci, Club Member, and the 'Bella in the Kitchen,' demonstrates cooking with fresh vegetables harvested from the Community Organic Garden. Learn easy tricks and flavorful combinations to create a garden-fresh meal, fast.

## (hasing an Eclipse and Other Astronomical Adventures

#### Tuesday, August 21 • 4:30-5:30 PM • Slickrock Cinema

Enjoy stunning professional space photography, re-live the 2017 eclipse, and never look at Mountain Air's expansive dark skies quite the same way again. At Mountain Air and other special places throughout the world, clear dark skies can open new views into the night sky. With the aid of telescopes and special camera mounts, capturing astronomical phenomenons such as solar and lunar eclipses and stars is more accessible than ever. Club Member, Dr. John Kasianowicz, shares some of his favorite astronomical photographs. Share his life-long passion for astronomy and enthusiasm for capturing images in space. It will have you looking up in a whole new way!



## **TENNIS**

Two mountaintop Har-Tru courts offer inspirational views and comfortable playing conditions.

USPTR Head Tennis Professional, Kristin Munn-Whaley, executes tennis socials, special events, and clinics for all levels of play. Kristin is a nationally ranked player (since age 12) and a Division I college athlete with professional playing experience. With almost 20 years in coaching, including instruction at various clubs and resorts, Kristin is an Asheville Tennis Association board member with a passion for growing the game.

Courts open daily. Weather and conditions permitting. May - November 8:30 AM-9 PM upper • 8:30 AM-10 PM lower

## PRIVATE INSTRUCTION AND LESSON PACKAGES

One-hour and half-hour private tennis lessons are available. Packages of six or twelve private one-hour lessons are offered and provide substantial savings.

## **COURT RESERVATIONS**

All players must reserve or cancel court reservations online or through Chautauqua Activity and Fitness Center. Court reservations can be made up to 48 hours in advance for the upper court and 24 hours in advance for the lower court (if not reserved for instruction). Members may only reserve one court per day for 90 minutes. For your convenience, book online.

## **BALL MACHINE**

Practice your game and sharpen your skills with a state-of-the-art Playmate Ace Basic Ball Machine.

## **RACQUET STRINGING**

Racquet stringing is available.

## ATTIRE

Appropriate tennis attire and regulation flat soled shoes are required. Running shoes are not permitted. Collared shirts and tennis shorts are preferred. Crew neck sport t-shirts and athletic shorts are acceptable.

## **MEN'S TENNIS**

Thursdays May 24 - October 11\* 8:45-9:30 AM, Warm-up Clinic

9:30-11 AM, Round Robin Doubles Social

\*Men's Tennis will not take place on July 12 and July 26.

## LADIES' TENNIS

Wednesdays May 23 - October 10\* 9:45-10:30 AM, Warm-up Clinic

10:30 AM-Noon, Round Robin Doubles Social

\*Ladies' Tennis will not take place on July 4.

## **CARDIO TENNIS CLINICS**

#### Saturdays Begins May 26 10-11 AM

Cardio Tennis is a high-intensity fitness activity designed to give players of all skill levels a fun, aerobic workout to music. Clinics include a warm-up, training drills, and games. This is a great way to train for tennis and get your full body cardiovascular exercise.

## HIT AND BE FIT TENNIS CLINICS

Saturdays Begins May 26 9-10 AM

Hit and Be Fit is a great combination of stroke refinement, footwork, conditioning, and play-based drills to tune up your game. Clinics involve Pro-fed live ball and competitive, fun tennis games to music.

## **CUSTOM TENNIS CLINICS**

Custom clinics are designed and tailored for all ages and skill levels available through the Pro, including 3-and-me Junior and Adult clinics, as well as 60 or 90 minute clinics for 3-4 players. Grab your friends and book a fun tennis clinic experience.

For reservations, log in to the website, email recreation@mtnaircc.com, or call (828) 682-4609.

## **MIXED DOUBLES CLINICS & SOCIALS**

These gatherings are designed to bring tennis players together in a competitive and social setting. Enjoy a 30 minute warm-up clinic (optional on Fridays, included on Sundays) followed by round robin play. Socials are open to men and women of all skill levels.

## **FRIDAY TENNIS**

At 10:30 AM, tune up your doubles strategy and warm up shots with the Pro before the 11 AM Round Robin social and then join fellow tennis players for a fun challenge and good camaraderie.

May 25 – Tennis Opening Social 1-3 PM

June 29 10:30 AM Clinic & 11 AM Social

#### August 31 - Labor Day Social 10 AM

SUNDAY TENNIS

Start with a pro led clinic covering doubles strategy and a warm up of popular shots. Then the group transitions to a round robin social and the Pro offers tips to improve play.

May 27, July 1, July 29, September 2, and October 7 10 AM-12 PM

All levels welcome.

## **SPECIAL EVENTS**

TENNIS SEASON OPENING SOCIAL Friday, May 25 1 PM

TENNIS MEMBER OPEN HOUSE Saturday, May 26 9 AM Kids 9:30 AM Adults

FRENCH OPEN TENNIS CHAMPAGNE SOCIAL Friday, June 8 10 AM

FIRECRACKER PARENT/CHILD TOURNAMENT Wednesday, July 4 2 PM

BREAKFAST AT WIMBLEDON TENNIS SOCIAL Friday, July 6 10 AM

#### LADIES' DOUBLES & MEN'S SINGLES Championship

Monday, July 9 - Wednesday, July 11

FINALS Thursday, July 12 9 AM Men & 11 AM Ladies

MIXED DOUBLES CHAMPIONSHIP Tuesday, July 24 - Wednesday, July 25 FINALS Thursday, July 26 9 AM



Junior Fennis

## ULTRA QUICK START CLINICS (AGES 8-14)

Saturdays June 30 – July 28 12-1 PM

Ultra Quick Start is a USTA developmental program for young players. Utilize the orange and green dot balls on a shorter court. Clinics cover the basic strokes of the game with an emphasis on teamwork and fun. Rackets are provided.

## JUNIOR TENNIS CAMP (AGES 5-16)

#### Monday, July 9 – Thursday, July 12 1-3 PM

This program is designed for the aspiring player who wants to take it to the next level. Junior Tennis Camp is a fun way to practice scoring, stroke fundamentals, and court strategy. Head Tennis Professional, Kristin Munn-Whaley, strives to challenge young players of all abilities in the areas of technique, fitness, and mental strategy with an emphasis on fun. Practice match competition in a flighted Grand Finale Tournament with refreshments and awards. All levels welcome.

#### CATCH THE SWIM SHUTTLE! Monday, July 9 – Thursday, July 12 11 AM-1 PM

Junior Golf Week participants can get transported from Lost Chimneys Learning and Performance Center to Chautauqua for a poolside lunch and supervised swim before heading to the courts for Junior Tennis Camp.

## GOLF

Whether you're a competitive or casual golfer, or entirely new to the game, our golf program has something for everyone. Our PGA Head Golf Professional, Chris Parham, and his staff are here to engage you with golf events, demo days, and clinics. Golf Course Superintendent, Shannon Peterson, and his team maintain course conditions that are unrivaled in Western North Carolina.

## **PRO SHOP**

The Pro Shop offers a variety of men's and ladies' apparel lines ranging from golf to sport and casual wear plus accessories, kids' wear, gift items, and clubs from PING, Callaway, and Titleist. To contact Merchandise Manager, Julena McQueen, email jmcqueen@mtnaircc.com.







## **GOLF CARTS**

Privately-owned golf carts are permitted at Mountain Air. All golf carts in the community require annual registration in the Pro Shop, must be tan or cream in color, and manufactured by ClubCar. For unlimited use of a privately-owned golf cart on the golf course throughout the year, an Annual Trail Fee Plan is offered. Golf cart maintenance is available and can be arranged through the Pro Shop. Charges for maintenance and repairs are conveniently billed to your member account.

## LOST CHIMNEYS GOLF LEARNING AND PERFORMANCE CENTER

Lost Chimneys is an award-winning Learning Center with two 17,000 square foot grass tees, short game area with putting green, bunkers, and five covered hitting bays equipped with ceiling fans and heaters. One hitting bay is equipped with state-of-the-art V1 teaching software, four cameras, and the FlightScope X2 teaching and fitting tool. Our PGA Professionals offer group and private golf instruction with video swing analysis.

## TRUGOLF

Play world-class golf courses on the Club's TruGolf indoor golf simulator. TruGolf is the most realistic, accurate, and comprehensive software available. The simulator can be used as a teaching tool anytime in-season or during cold temperatures. Get immersed in a virtual environment while playing courses like Bay Hill, Bethpage Black, Harbor Town, Pinehurst No. 2, and Torey Pines. The golf simulator is available for small outings and social events.

## **GOLF INSTRUCTION**

PGA Director of Instruction, George Henson, offers top-level golf instruction and club fitting.

A native to western North Carolina and a PGA Member since 2005, George is an AXYS Golf certified teaching professional.

George implements an anatomically effective way of improving anyone's golf game regardless of physical weaknesses, prior injuries, or muscle imbalances.

Group and private golf instruction with video swing analysis is available.





## **GOLF ASSOCIATIONS**

Organized play days and an action packed schedule of events make for the ultimate golf experience. Enjoy opening and closing luncheons, fun competition, and camaraderie all season long! The Men's and Ladies' Golf Associations host their own Board of Directors, are Club-supported, and offer a variety of tournament formats and themes.

## LADIES' GOLF (LGA)

#### **OPENING LUNCHEON** Tuesday, June 5

BETTY ANN YOUNG CUP Monday, July 30 -Tuesday, July 31

LADIES' INVITATIONAL Tuesday, August 7

SADIE HAWKINS TOURNAMENT & CELEBRATION OF LIFE Tuesday, August 28

CLOSING LUNCHEON Tuesday, September 25

## MEN'S GOLF (MGA)

OPENING STAG EVENT Tuesday, May 29

RYDER CUP PRACTICE ROUND Wednesday, September 5

**RYDER CUP PAIRINGS PARTY** Wednesday, September 5

RYDER CUP Thursday, September 6 -Friday, September 7

CLOSING LUNCHEON Wednesday, September 26

## **COUPLES' GOLF**

MEMBER-GUEST TOURNAMENT Thursday, June 21 - Saturday, June 23

CLUB CHAMPIONSHIP Saturday, August 18

## **SPECIAL EVENTS**

MOUNTAIN AIR SOUTH ECKERT CUP Friday, March 23 - Sunday, March 25 Sarasota, FL

MEMORIAL DAY GOLF TOURNAMENT Saturday, May 26

DEMO DAY Saturday, June 2

RED, WHITE, & BLUE GOLF TOURNAMENTS Tuesday, July 3 Thursday, July 5

MEN'S MEMBER-GUEST Thursday, July 19 - Saturday, July 21

LADIES'/MEN'S SUMMER CLASSIC Monday, August 13 -Wednesday, August 15

## **TWILIGHT GOLF**

THURSDAYS May 24 - October 4\* 4 PM

\* Twilight Golf will not take place on June 21, July 5, July 19, September 6, and 13.

MARCF GOLF TOURNAMENT Monday, August 20

CLUB CHAMPIONSHIP Friday, August 24 – Sunday, August 26

LABOR DAY GOLF TOURNAMENT Saturday, September 1

PARHAM SHOOTOUT Wednesday, September 12 – Thursday, September 13

AIRWAY FAIRWAY GOLF TOURNAMENT Saturday, September 15

PRO SHOP WINE & CHEESE SOCIAL Friday, November 23



## JUNIOR GOLF

## **RYDER CUP**

#### Wednesday, September 5 - Pairings Party Thursday, September 6 - Friday, September 7

A well-known contest on the Mountain, the Ryder Cup is a historic two-day men's golf event. Similar to the competition between Europe and the United States, the Red Team and Blue Team go head-to-head in match play competition. A 16-year battle, the Ryder Cup brings drama, great golf, and good sportsmanship while a gallery watches play on 18. Loyalty runs deep with passion for the team colors!

**RED TEAM** 2017, 2016, 2014, 2013, 2012, 2007, 2002

### **BLUE TEAM**

2015, 2011, 2010, 2009, 2008, 2006, 2005, 2004, 2003



## JUNIOR GOLF WEEK (AGES 5-16)

Monday, July 9 – Thursday, July 12 9-11 AM

Junior Golf Week provides a fun and educational environment for aspiring players. This is a great way to learn fundamentals, golf rules and etiquette, and receive on-course instruction. Get ready for the Junior Golf Tournament on Thursday, July 12 at 8:30 AM with a parent-child cookout to follow.

## **CATCH THE SWIM SHUTTLE!**

#### Monday, July 9 – Thursday, July 12 11AM-1 PM

Junior Golf Week participants can get transported from Lost Chimneys Learning and Performance Center to Chautauqua for a poolside lunch and supervised swim before heading to the courts for Junior Tennis Camp.



## **CLUBS WITHIN THE CLUB**

Clubs within the Club are organized by Members and open for participation by all. For more information, please contact the Member representative noted below.

## BRIDGE

Gail Lewis gail\_hjlewis@msn.com

## CANASTA

Nancy Engelhardt admnance@frontier.com

## MAH JONGG

Nancy Engelhardt admnance@frontier.com

## **BOCCE SOCIAL**

Linda Goldberg Igoldberg74@gmail.com

## **DINING DIVAS**

Kathy Boka kathyboka@yahoo.com



## **SLICKROCK SHOOTERS**

John Cuckler jcucklermd@gmail.com

## **PILOTS' ASSOCIATION**

Mike Umstead beth@aerolegacy.com www.mapilots.org

## **MEN'S TRAVELING GOLF**

David Leskar david.leskar@buyerstitle.com

## HAPPY HIKERS

Joanne Bokor lovegators@aol.com

#### PICKLEBALL John Cuckler jcucklermd@gmail.com

MOUNTAIN AIR COMMUNITY Residents fund

#### Rebecca Schmidt rlschmidt355@gmail.com

Since its inception in 2007, the Mountain Air community has donated over \$548,000 in grants to 40 nonprofits in Yancey County. The grants are chosen by the Community Fund Board Members and support health, education, economic development, the arts, and family initiatives in Yancey County. The goal of the fund is to donate \$50,000 annually to the local community. In addition to monetary support, you may volunteer your time to local non-profits around the county.





# January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	<b>4</b> Dinner in the Market 5 PM	<b>5</b> Dinner Social 5:30 PM	<b>6</b> Wild Theater: Parks 12:30 PM
7	8	9	10	<b>11</b> Dinner in the Market 5 PM	<b>12</b> Dinner Social 5:30 PM	<b>13</b> Focus on Fitness 10 AM Wild Theater: Parks 12:30 PM Winter Wonders Walk 2 PM
14	15	16	17	<b>18</b> Dinner in the Market 5 PM	<b>19</b> Natural Facts 4:30 PM Dinner Social 5:30 PM	<b>20</b> Wild Theater: Parks 12:30 PM Afternoon Moon 2 PM
21	22	23	24	<b>25</b> Dinner in the Market 5 PM	<b>26</b> Dinner Social 5:30 PM	<b>27</b> Wild Theater: Parks 12:30 PM
28	29	30	31			

# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Dinner in the Market 5 PM	<b>2</b> Mind of a Mountain Chef 4:30 PM Dinner Social 5:30 PM	<b>3</b> Birds & Breakfast 8 AM Wild Theater: IMAX 12:30 PM
<b>4</b> Super Bowl Party 5:30 PM	5	6	7	<b>8</b> Dinner in the Market 5 PM	9 Dinner Social 5:30 PM	10 Focus on Fitness 10 AM Wild Theater: IMAX 12:30 PM My Crafty Valentine 1 PM
11	12	13	14	<b>15</b> Dinner in the Market 5 PM	<b>16</b> Natural Facts 4:30 PM Valentine's Dinner Social 5:30 PM	<b>17</b> Wild Theater: IMAX 12:30 PM Winter Wonders Walk 2 PM
18	19	20	21	<b>22</b> Dinner in the Market 5 PM	<b>23</b> Dinner Social 5:30 PM	<b>24</b> Wild Theater: IMAX 12:30 PM
25	26	27	28			

# March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Dinner in the Market 5 PM	<b>2</b> Dinner Social 5:30 PM	<b>3</b> Birds and Breakfast 8 AM Wild Theater: Human Planet 12:30 PM
4	5	6	7	<b>8</b> Dinner in the Market 5 PM	<b>9</b> Dinner Social 5:30 PM	10 Focus on Fitness 10 AM Wild Theater: Human Planet 12:30 PM
11	12	13	14	<b>15</b> Dinner in the Market 5 PM	<b>16</b> Natural Facts 4:30 PM Dinner Social 5:30 PM	<b>17</b> Wild Theater: Human Planet 12:30 PM
18	19	20	21	<b>22</b> Dinner in the Market 5 PM	<b>23</b> Dinner Social 5:30 PM	<b>24</b> Wild Theater: Human Planet 12:30 PM Spring Fling Nature Walk 2 PM
25	26	27	28	<b>29</b> Dinner in the Market 5 PM	<b>30</b> Geocache Challenge Dinner Social 5:30 PM	<b>31</b> Geocache Challenge Easter Fun & Egg Hunt 1:30 PM Clubhouse Dining Closed

# April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Easter Sunrise Service 7 AM Easter Grand Buffet 11:30 AM & 1:30 PM	<b>2</b> Golf Course Aerification	3 Golf Course Aerification	4	<b>5</b> Dinner in the Market 5 PM	<b>6</b> Dinner Social 5:30 PM	<b>7</b> Birds & Breakfast 7 AM
8	9	10	11	<b>12</b> Dinner in the Market 5 PM	<b>13</b> Dinner Social 5:30 PM	<b>14</b> Focus on Fitness 10 AM Wildflower Walk 2 PM
15	16	17	18	<b>19</b> Dinner in the Market 5 PM	20 Natural Facts 4:30 PM Dinner Social 5:30 PM	21 NC Star Party 8:30 PM
22	23	24	25	<b>26</b> Dinner in the Market 5 PM	27 ODC Explore: Weather 9 AM Dinner Social 5:30 PM	28 ODC Explore: Weather 9 AM
29	30					

May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 LGA 18 9 AM LGA 9 10 AM	<b>2</b> MGA 9 AM	<b>3</b> Dinner in the Market 5 PM	<b>4</b> Dinner Social 5:30 PM	5
6	7	<b>8</b> LGA 18 9 AM LGA 9 10 AM	9 Mga 9 Am	<b>10</b> Dinner in the Market 5 PM	<b>11</b> Mother's Day Social 5:30 PM	<b>12</b> Mother's Day Craft Workshop 1 PM Songbird Celebration 7:30 PM
13	14	<b>15</b> LGA 18 9 AM LGA 9 10 AM Slickrock Talk: An Intro to Tai Chi 4:30 PM	16 Mga 9 Am	<b>17</b> Spring Planting: Garden Work Day 9:30 AM Dinner in the Market 5 PM	<b>18</b> Kempfer Classic Dinner Social 5:30 PM	<b>19</b> Kempfer Classic Early Bird Walk 8 AM Wildflower Walk & Ramp Dig 2 PM
20	<b>21</b> Technology Class 10 AM Grand Opening - Taste of O&W's 6 PM	<b>22</b> LGA 18 9 AM LGA 9 10 AM	<b>23</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>24</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf Opener 4 PM	<b>25</b> Tennis Opening Social 1 PM Family on the Green 5 PM Campfire Trivia 5 PM Grand Opening - Taste of the Oak Room 6 PM	<b>26</b> Memorial Day Golf Tournament ODC Explore: Tracker Packs 9 AM Tennis Member Open House Kids' 9 AM Adults 9:30 AM Cardio Tennis 10 AM
27 ODC Explore: Tracker Packs 9 AM Mixed Doubles Tennis Clinic & Social 10 AM	<b>28</b> Trekking Season Kickoff Hike 9 AM	29 LGA 18 9 AM LGA 9 10 AM Slickrock Talk: The History of Mountain Air 4:30 PM Men's Opening Stag Event 6 PM	<b>30</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>31</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM		- Camp Chautauqua Day 10 AM Hit and Be Fit 11 AM Meet the New Nature Trail 1 PM Memorial Day Party 6 PM



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Coffee & Chatting with Chad 9:15 AM Cart Tour: Wildflowers 1 PM Parkway Players Readers Theater: The Lighter Side of Golf: 4:30 PM	<b>2</b> MAPOA Annual Meeting 9 AM ODC Explore: Leave No Trace 9 AM Gelf Demo Day 10 AM Tiny Tots Play Date 10:30 AM
<b>3</b> ODC Explore: Leave No Trace 9 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM	4	5 Ladies' Opening Golf & Luncheon 9 AM	<b>6</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>7</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	<b>8</b> Coffee & Chatting with Chad 9:15 AM French Open Tennis Champagne Social 10 AM Slickrock Talk: New and Improved iPhoneography 4:30 PM	<b>9</b> Cardio Tennis 10 AM Hit and Be Fit 11 AM Nature Play 3 PM Music with a View 6 PM MARCF Triple Crown Party
10	<b>11</b> Technology Class 10 AM	<b>12</b> LGA 18 9 AM LGA 9 10 AM Member Mixer 4 PM Slickrock Talk: God, Country, Golf 4:30 PM	<b>13</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Fiesta Mexicana 6 PM	<b>14</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	<b>15</b> Coffee & Chatting with Chad 9:15 AM Kickoff: Garden Market 10 AM	<b>16</b> Nature Trail Walk 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Dear Dad Crafts 1 PM Krazy Karaoke 6 PM
17	18	19	20	21	22	23
Father's Day Lunch Specials 11 AM-3 PM	Power Yoga 1 PM	LGA 18 9 AM LGA 9 10 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM	MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	Couples' Member-Guest Golf Tournament Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM	Couples' Member-Guest Golf Tournament Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	Couples' Member-Guest Golf Tournament Grown-up Nature Camp: Rivers 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Craft Challenge for Kids 2:30 PM
24	25 Power Yoga 1 PM	26 LGA 18 9 AM LGA 9 10 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Slickrock Talk: 2018 Midterm Elections A Tidal Wave or a Whimper? 4:30 PM	27 MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Chef's Wine Dinner 6 PM	<b>28</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	<b>29</b> Coffee & Chatting with Chad 9:15 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 11 AM Garden Market 10 AM Family on the Green 5 PM Campfire Trivia 5 PM	<b>30</b> Geocache Challenge Cardio Tennis 10 AM Hit and Be Fit 11 AM Ultra Quick Start Tennis Clinic 12 PM Craft Challenge for Kids 2:30 PM Natural Facts 4:30 PM Prime Rib Night 6 PM



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Brunch at 0&W's 10 AM-2 PM Geocache Challenge Mixed Doubles Clinic & Social 10 AM	<b>2</b> Power Yoga 1 PM	<b>3</b> Red, White, & Blue Golf Tournament Wildlife Live 10 AM Kids Spa 1 PM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Tex-Mex Night 6 PM	<b>4</b> Cardio Tennis 10 AM Hit and Be Fit 11 AM Firecracker Parent/Child Tennis Tournament 2 PM 4th of July Celebration 4 PM	<b>5</b> Red, White, & Blue Golf Tournament Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Parkway Playhouse Theater Workshop 10 AM Kids in the Garden 1 PM International Children's Stories: Parkway Players Readers Theater 3:30 PM Italian Pastabilities Night 6 PM	<b>6</b> Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM Junior Naturalist 10 AM Breakfast at Wimbledon Tennis Social 10 AM Pet Parade & Yappy Hour Family on the Green 5 PM Campfire Trivia 5 PM	7 ODC Explore: Nature Tech 9 AM Saturday Morning Cartoons 9:30 AM Venture Out Adventure 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Ultra Quick Start Tennis Clinic 12 PM Craft Challenge for Kids 2:30 PM
<b>8</b> ODC Explore: Nature Tech 9 AM Brunch at 0&W's 10 AM-2 PM	9 Men's Singles Tennis Club Championship 9 AM Junior Golf Week 9 AM Ladies' Doubles Tennis Club Championship 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM Power Yoga 1 PM	<b>10</b> Mer's Singles Tennis Club Championship 9 AM Junior Golf Week 9 AM LGA 18 9 AM LGA 18 9 AM Ladies' Doubles Tennis Club Championship 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM Slickrock Talk: Evolution of the Decoy 4:30 PM	11 Men's Singles Tennis Club Championship 9 AM Junior Golf Week 9 AM MGA 9 AM Ladies' Doubles Clinic 9:45 AM Venture Out Adventure 10 AM Ladies' Tennis 10:30 AM Swim Shuttle 11 AM Ladies' Doubles Tennis Club Championship 11 AM Junuior Tennis Camp 1 PM Asian Night 6 PM	12 Men's Singles Tennis Club Championship Finals 9 AM Junior Golf Week 8:30 AM Ladies' Doubles Tennis Club Championship Finals 11 AM Swim Shuttle 11 AM Junior Tennis Camp 1 PM Twilight Golf 4 PM	<b>13</b> Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM Junior Naturalist 10 AM Family on the Green 5 PM Campfire Trivia 5 PM	14 Club Annual Meeting 10 AM Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Ultra Quick Start Tennis Clinic 12 PM Craft Challenge for Kids 2:30 PM Nature Play 3 PM Garden Mixology 3:30 PM Krazy Karaoke 6 PM
<b>15</b> Brunch at O&W's 10 AM-2 PM	16 Power Yoga 1 PM	<b>17</b> LGA 18 9 AM LGA 9 10 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Kid's Karaoke Buffet 6 PM	<b>18</b> MGA 9 AM Ladies Tennis Doubles Clinic 9:45 AM Venture Out Adventure 10 AM Ladies' Tennis 10:30 AM	<b>19</b> <u>Men's Member-Guest Golf Tournament</u> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Clubhouse Closed 6 PM	20 Men's Member-Guest Golf Tournament Coffee & Chatting with Chad 9:15 AM Junior Naturalist 10 AM Garden Market 10 AM Slickrock Talk: Elevate Your Yoga 2 PM Sip, Shop, Spa 3 PM	<b>21</b> Yoga Experience Wenkend Men's Member-Guest Golf Tournament French Broad River Trip 8 AM Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM & Hit and Be Fit 11 AM Ultra Quick Start Tennis Clinic 12 PM Craft Challenge for Kids 2:30 PM
<b>22</b> Yoga Experience Weekend Brunch at 0&W's 10 AM-2 PM	23 Yoga Experience Weekend Ping Pong Tournament 2:30 PM	<b>24.</b> Mixed Doubles Championship 9 AM LGA 18 9 AM & LGA 9 10 AM Junior Spa 1 PM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Slickrock Talk: The Nose Knows 4:30 PM	25 Mixed Doubles Championship 9 AM MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Venture Out Adventure 10 AM Ladies' Tennis 10:30 AM Lobster Night 6 PM	<b>26</b> Mixed Doubles Championship Finals 9 AM Kids in the Garden 1 PM Twilight Golf 4 PM	27 Junior Naturalist: Xtreme Adventure Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM Family on the Green 5 PM Campfire Trivia 5 PM	<b>28</b> Junior Naturalist: Xtreme Adventure Saturday Morning Cartoons 9:30 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Ultra Quick Start Tennis Clinic 12 PM Craft Challenge for Kids 2:30 PM Halloween in July 6 PM
<b>29</b> Mixed Doubles Clinic and Social 10 AM Brunch at 0&W's 10 AM-2 PM	30 BAY Cup Power Yoga T PM	<b>31</b> BAY Cup Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Nutrition for Young Athletes 3 PM		For updates and comprehensive deta	ils, visit www.mountainairmembers.com and	d log in to view the online calendar. 60

# August

SUNDAY	MONDAY	Y TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30	<b>2</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Summer's Bounty: Garden Workday 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	<b>3</b> Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM Natural Facts 4:30 PM	<b>4</b> Grandfather Mountain Picnic Hike 9 AM ODC Explore: Birds & Flowers 9 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Back-to-School Crafts 1 PM Culinary iPhoneography Challenge 1 PM Craft Challenge for Kids 2:30 PM Music with a View 6 PM
5 ODC Explore: Birds & Flowers 9 AM	6 Power Yega 1 PM	7 Ladies' Golf Invitational 8 AM Strength Training for Young Athletes 1 PM Fitness Fun for Kids 2:30 PM Slickrock Talk: What is this World Coming To? 4:30 PM	<b>8</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Street Food Night 6 PM	9 Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Kids in the Garden 1 PM Twilight Golf 4 PM	10 Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	<b>11</b> Cardio Tennis 10 AM Hit and Be Fit 11 AM Nature Play 3 PM Krazy Karaoke 6 PM Meteor Shower Astronomy 9 PM
12	<b>13</b> Ladies' / Men's Member-Member	<b>14</b> Ladies' / Men's Member-Member	<b>15</b> Ladies' / Men's <u>Member-Member</u> Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>16</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Bella in the Garden 12 PM Farm to Table Evening 6 PM Twilight Golf 4 PM	<b>17</b> Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	<b>18</b> Couples' Club Championship Grown-up Nature Camp 10 AM Cardio Tennis 10 AM Tiny Tots Play Date 10:30 AM Hit and Be Fit 11 AM Dueling Pianos 6 PM
<b>19</b> MARCF Auction	20 Technology Class 10 AM MARCF Golf Tournament	21 LGA 18 9 AM & LGA 9 10 AM Member Mixer 4 PM Slickrock Talk: Chasing an Eclipse 4:30 PM	<b>22</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>23</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>24</b> Club Championship Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	<b>25</b> Club Championship Cardio Tennis 10 AM Hit and Be Fit 11 AM Martinis & Jazz 6 PM
26 Club Championship	27	<b>28</b> Sadie Hawkins Tournament Celebration of Life	<b>29</b> MGA 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>30</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>31</b> Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM Mixed Doubles Tennis Clinic 10 AM Mixed Doubles Tennis Social 11 AM Family on the Green 5 PM Campfire Trivia 5 PM	

# September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Camp Chautauqua Day Early Bird Walk 8 AM Labor Day Scramble 9 AM ODC Explore: Migration 9 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM Labor Day Party 6 PM
2 ODC Explore: Migration 9 AM Mixed Doubles Clinic & Social 10 AM	3	<b>4</b> LGA 18 9 AM LGA 9 10 AM	5 MGA 9 AM Ladies Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Ryder Cup Pairing Party 6 PM	<b>6</b> <b>Ryder Cup</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 10:30 AM	7 Ryder Cup Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	8 Cardio Tennis 10 AM Hit and Be Fit 11 AM
9	10	<b>11</b> Lga 18 9 Am Lga 9 10 Am	<b>12</b> <b>Parham Shootout</b> Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Mediterranean Night 6 PM	<b>13</b> Parham Shootout Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM	14 Coffee & Chatting with Chad 9:15 AM Garden Market 10 AM	<b>15</b> Pool Closed Airway-Fairway Fungi Foray 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM
16	<b>17</b> Technology Class 10 AM	<b>18</b> Lga 18 9 Am Lga 9 10 Am	<b>19</b> <u>MGA 9 AM</u> Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Chef's Wine Dinner 6 PM	20 Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf 4 PM	<b>21</b> Garden Market 10 AM Flu Shot Clinic 1 PM	22 Cardio Tennis 10 AM Hit and Be Fit 11 AM Burgers, Brews, and Boots 6 PM
23	24	25 Ladies' Golf Closing & Luncheon 9 AM	<b>26</b> Men's Golf Closing & Luncheon 9 AM Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	27 Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf 4 PM	28	<b>29</b> Nature Trail Walk 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM
30			For updates and comprehensive o	details, visit www.mountaina	irmembers.com and log	in to view the online calendar

# October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	<b>3</b> Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM Indian Night 6 PM	<b>4</b> Men's Tennis Doubles Clinic 8:45 AM Men's Tennis 9:30 AM Twilight Golf Closing 4 PM	5 Fall Family Fun Fest on the Green 4 PM Campfire Trivia 4 PM	6 ODC Explore: Skulls & Skins 9 AM Cardio Tennis 10 AM MAPOA Town Hall Meeting 10 AM Hit and Be Fit 11 AM Oktoberfest 4 PM
<b>7</b> ODC Explore: Skulls & Skins 9 AM Mixed Doubles Clinic & Social 10 AM	8 Golf Course Aerification	9 Golf Course Aerification	<b>10</b> Ladies' Tennis Doubles Clinic 9:45 AM Ladies' Tennis 10:30 AM	<b>11</b> Men's Tennis Doubles Clinic 8:45 AM Winter Preparation: Community Garden Workday 9:30 AM Men's Tennis 9:30 AM	12	<b>13</b> Altapass Orchard Trip 10 AM Cardio Tennis 10 AM Hit and Be Fit 11 AM
14	15	16	<b>17</b> Italian Pastabilities Night 6 PM	18	<b>19</b> Lobster Night 6 PM	20 Fall Colors Picnic Hike 10 AM
21	22	23	24	25	<b>26</b> Prime Rib Night 6 PM	<b>27</b> Halloween Party/ Last Night at O&W's 6 PM
28	29	30	31			

# November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Dinner in the Market 5 PM	<b>2</b> Dinner Social Kickoff 5:30 PM	<b>3</b> Wild Theater: Cosmos 12:30 PM
4	5	6	7	<b>8</b> Dinner in the Market 5 PM	<b>9</b> Dinner Social 5:30 PM	10 Wild Theater: Cosmos 12:30 PM
11	12	13	14	<b>15</b> Dinner in the Market 5 PM	<b>16</b> Geocache Challenge Natural Facts 4:30 PM Dinner Social 5:30 PM	<b>17</b> Geocache Challenge Wild Theater: Cosmos 12:30 PM
18	19	20 Geocache Challenge	21 Geocache Challenge Turkey Trot Nature Walk 10 AM Savory & Sweet Treat Studio 2 PM	<b>22</b> Geocache Challenge Thanksgiving Grand Buffet 11 AM-2 PM	23 Geocache Challenge Gingerbread House Party 10 AM & 12 PM Brain Games 2 PM Pro Shop Wine & Cheese 3 PM Family Holiday Celebration and Village Tree Lighting 4 PM Holiday Buffet 5:30 PM	24 Geocache Challenge Linville Caverns Trip 9 AM Handmade Holiday Crafts 2:30 PM Italian Night 6 PM
25	26	27	28	<b>29</b> Dinner in the Market 5 PM	<b>30</b> Dinner Social 5:30 PM	

# December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> Birds & Breakfast 8 AM Wild Theater: Blue Planet 12:30 PM
2	3	4	5	<b>6</b> Dinner in the Market 5 PM	<b>7</b> Dinner Social 5:30 PM	<b>8</b> Wild Theater: Blue Planet 12:30 PM Winter Wonders Walk 2 PM
9	10	11	12	<b>13</b> Dinner in the Market 5 PM	<b>14</b> Natural Facts 4:30 PM Dinner Social 5:30 PM	<b>15</b> Wild Theater: Blue Planet 12:30 PM
16	17	18	19	<b>20</b> Dinner in the Market 5 PM	<b>21</b> Dinner Social 5:30 PM	<b>22</b> Wild Theater: Blue Planet 12:30 PM
23	24	25	26	<b>27</b> Dinner in the Market 5 PM	<b>28</b> Dinner Social 5:30 PM	<b>29</b> Wild Theater: Blue Planet 12:30 PM
30	<b>31</b> New Year's Eve Party 7 PM		For undates and	comprohensive datails visit w	NW mountainairmembers of	nm and log in to view the online calendar

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